To contact Activities: (519-271-4090 ext. 2227 activity@sprucelodge.on.ca

September 2025
Spruce Lodge Nursing Home



\*Programs May Change\*

Group

2:00 Manicures

3:00 Cafe Social

Trograms May Charige						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GCHOOL BUS	Labor Day No Staff 1  Labour  Day	10:30 Music With Conner 2:00 Bingo 3:00 Café Social	10:30 Scrapbooking 11:00 Men's Music Group 2:00 Carpet Bowling 3:00 Café Social	10:00 Walking Group 11:00 Church Service 2:00 Bingo 3:00 Café Social 6:15 Evening Tea Social	10:30 Trivia Fun 2:00 Guess that Object Game 3:00 Cafe Social	10:30 Bingo 2:00 Word Games 3:00 Café Social
Week 1 of NFL 7 10:00 TV Church Service 2:00 Compliment Cards Craft 3:00 Cafe Social	11:00 Women's Music Group 2:00 Sing-a-Long with Karen 3:00 Cafe Social 4:00 Friendship Circle 6:30 2 Gals and a Guitar	10:30 Alzheimer's Awareness Presentation 2:00 Bingo 3:00 Café Social	SL WT 10th Annual 10 Car Show 10:30 RC Mass 11:15 Church Service 2:00 Word Games	10:00 Walking Group 10:30 Advanced Exercises 2:00 Bingo 3:00 Café Social	10:30 Campfire 2:00 Resident Horse Races 3:00 Cafe Social	2:00 Bingo <b>13</b>
World Grand 14 Parents Day 10:00 TV Church Service 2:00 Music by Mike Ryan	Committee 11:00 Women's Music	10:00 Advanced Exercises 2:00 Bingo 3:00 Resident Council Café	10:30 Resident Council 10:30 News and Events 11:00 Men's Music Group 2:00 Music With Mike K 3:00 Café Social	10:00 Walking Group 18 10:30 Fun & Fitness 11:00 Church Service 2:00 Bingo 3:00 Café Social 6:15 Friendship Circle	Jam Day! 19 10:30 Jam Tasting 2:00 Community Music Jam with Rachel 3:00 Cafe Social	10:30 Bingo 20 2:00 Dave Adams Band 3:00 Café Social
Alzheimer's 21 Awareness Day 10:00 TV Church Service 10:30 Alzheimer's Awareness Social 2:00 Word Games 3:00 Cafe Social	First Day of Fall 22 10:30 Fall movie and Coffee 11:00 Women's Music Group 2:00 Sing-a-Long With Karen	8:00 Men's Breakfast <b>23</b> 10:00 Adam's Advanced Exercises 2:00 Bingo 3:00 Café Social	10:30 Human Slot Machine game 11:00 Men's Music Group 2:00 School Kids Visit 3:00 Café Social	10:00 Walking Group 25 11:00 Church Service 2:00 Bingo 3:00 Café Social 6:30 Just for Fun Band	10:30 Crafty Corner <b>26</b> Fun 2:00 Birthday Party Music with Conn Smyth 3:00 Cafe Social	10:30 Bingo 2:00 Family Feud 3:00 Café Social
10:00 TV Church 28 Service 10:30 Cottage Reading	10:30 Bread and Butter Tasting 11:00 Women's Music	10:00 Adam's Advanced Exercises	with the site	and a state of the sales	to abbe when white	We see we

2:00 Bingo

3:00 Café Social

Group

Karen

3:00 Cafe Social

2:00 Sing-a-Long with