Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
LEGEND: RR- Rose Room WR- Wellness Room SR- Spruce Room DR- Dining Room GR- Green Room ML- Main Lobby GA- Griffith Aud. SL – Spruce Lodge		9:30 Pump it Up: BalanceGA 2:00 Woodland Towers General Residents Meeting GA 3:00 Travelogue: The Netherlands GA	10:00 Pump it Up: CombinedGA 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML 2:00 Cozy Book Talk ML 7:00 Bingo DR\$	10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 10:45 Blood Pressure Clinic ML 2:00-3:30 Creative CornerSR 2:00 WT Bowling Lanes and Coffee GA	9:30 Pump it Up: Strengthga 10:30 DROM FIT GA 1:30 Line Dancing Class GA 3:00 Social Hour RR 6:30 W.T.E.A Euchre RR 6:30 Praises with Steph ML	6:30 Euchre RR	5
6	10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthWR 6:00 Monday Jam Session with Christa! All welcome! Bring an instrument or your voice! RR	2:00 Coffee Hour and Name that Tune RR 6:30 Toonie Tuesday Pub Night with: Henry Winter GA	10:00 Pump it Up: CombinedGA 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML 1:30 DROM FIT GA 2:00 Brain Teasers ML 7:00 Bingo DR\$	8:30 Breakfast with Rob \$10 10:00 Stay Fit Exercise GA 10:15 Hymn Sing GR	9:00-12:00 Dianna and Ruth's Mini Market ML\$ 10:30 DROM FIT GA 2:00 *** AIR FRYER FRIDAY RR\$ sign up 6:30 W.T.E.A Euchre RR 6:30 Praises with Steph ML	9:00 Coffee Hour Bistro 2:00 Karaoke ML 6:30 Euchre RR	12
Palm Sunday	1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA 3:00 Lemonade and Laughs (National Day of Laughter!) RR	9:30 Pump it Up: Balancewr 10:30 Outing to Anna Mae's in Millbank ML 1:30 Fireside Tunes with Julie, Charlene and DK ML 3:00 "Speed Visiting" Getting to know your Woodland Towers Neighbours! RR	10:00 Aquatic Balance and Falls Prevention Pool 1:30 DROM FIT RR 7:00 Bingo DR\$		CCOOD FRIDAY	12:00 Lunch Bunch WR \$ 2:00 Easter BINGO! RR 6:30 Euchre RR	
EASTER MONDAY  Easter Sunday	11:30 Easter Monday LunchDR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA 3:00 Hot Cross Buns Coffee Hour RR	9:30 Pump it Up: BalanceGA 2:00 "The Rostock Country Square's": Square Dancing Demonstration and Refreshments GA  Earth Day	10:00 Pump it Up: Combined 23 10:00 Aquatic Balance and Falls Prevention Pool 10:00-2:00 Silvia's Jewelleryml 1:00 Hand Waxing GR 2:00 Hats Throughout History Presentation with Lynn Wilcox GA 7:00 Bingo DR\$ Administrative Professionals Day	10:00 Stay Fit Exercise GA 24 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 2:00-3:30 Creative CornerSR 2:00 Movie Matinee: "Honey I Shrunk The Kids" 4:00 Supper outing to Chuck's Roadhouse \$	9:30 Pump it Up: StrengthGA 1:30 Line Dancing Class GA 3:00 Social Hour RR 6:30 W.T.E.A Euchre RR 6:30 Praises with Steph ML	6:30 Euchre RR	26
Happy National Volunteers Week 2025! April 27 <sup>th</sup> – May 3 <sup>rd</sup> THANK YOU FOR ALL YOU DO!	10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthWR	<ul><li>9:30 Pump it Up: Balance wR</li><li>2:00 April Birthday Party</li></ul>	10:00 Pump it Up: Combined 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML 1:30 DROM FIT GA 2:00 Karaoke ML 7:00 Bingo DR\$	Ap	ril 2		

Home #: 519-271-4090 Kim: x2230 Karen: x 2257 Music Therapy: 2209 Pool: Tamara x 2282