

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Woodland Towers Activities

							1 6:30 Euchre RR
2 Groundhog Day	3 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Coffee RR	4 9:30 Pump it Up: Balance GA 2:00 Travelogue: Thailand GA 3:15 Card Game: 7-UpBistro	5 10:00 Pump it Up: CombinedGA 10:00 Aquatic Balance and Falls Prevention Pool 10:45 Blood Pressure Clinic ML 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 2:00 Karaoke ML 7:00 Bingo DR\$	6 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 2-3:30 Creative Corner SR 2:00 WT Bowling Lanes and Coffee GA 6:30 Euchre RR	7 6:30 Praises with Steph ML 6:30 W.T.E.A Euchre RR	8 9:00 Coffee Hour Bistro \$ 2:00 Kim Luckhardt and Larry Stacey's Talent Show from back in the day! ("home video") GA 6:30 Euchre RR	
9  Watch Live on TSN or CTV. Kickoff at 6:30pm!	10 10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA 3:00 Monday Jam Session with Christa! All welcome! Bring an instrument or your voice! RR	11 1:30 Fireside Tunes with Julie, Charlene and DK ML 6:30 Toonie Tuesday Pub Night with Entertainment by Frank St. Germaine GA	12 10:00 Pump it Up: CombinedGA 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Jenny's Peanut Brittle Sale ML 1:30 DROM FIT GA 7:00 Bingo DR\$ <small>Tu B'Shevat Begins</small>	13 10:00 "Love Songs Sing a long with Karen GR 10:00 Bible Study SR 10:00 Billiards and Coffee BYO coffee Billiards RM 1:30 Worship Service with Rev Jeff Laustsen GA 2:00 Wrapping CarnationsRR 6:30 The GEM's Talent Night GA (Christian Girls Group)	14 9:00-12:00 Dianna and Ruth's Mini Market ML 9:30 Pump it Up: StrengthGA 2:00 Valentine's Dance with special entertainment by Conn Smythe GA 6:30 Praises with Steph ML 6:30 W.T.E.A Euchre RR <small>Valentine's Day</small>	15 12:00 Lunch Bunch "Mary Brown's Chicken" \$ 2:00 Valentine's BINGO! RR 6:30 Euchre RR	
16  Daytona 500! Watch live on TSN at 2:30pm!	17 	18 9:30 Pump it Up: Balance GA 2:00 "The Not So Newlywed" Game Show GA 3:30 Woodland Towers General Residents Meeting GA	19 10:00 -2:00 Katie's Jewelry Sale ML 10:00 Aquatic Balance and Falls Prevention Pool 1:30 DROM FIT RR 7:00 Bingo DR\$	20 8:30 Breakfast \$ Sign Up 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 2-3:30 Creative Corner SR 2:20 Outing to the Wild Hog Country Market for Shopping and Coffee!ML 6:30 Euchre RR	21 9:30 Pump it Up: StrengthGA 10:30 DROM FIT GA 1:30 Line Dancing Class RR 3:00 Social Hour RR 6:30 Praises with Steph ML 6:30 W.T.E.A Euchre RR	22 6:30 Euchre RR	
23 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthWR 3:00 Afternoon Coffee RR	24 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthWR 3:00 Afternoon Coffee RR	25 9:30 Pump it Up: BalanceWR 2:00 February Birthday Party with Live Entertainment by Randy Satchell DR (Sign-up)	26 Wear PINK day to support anti-bullying! 10:00 Pump it Up: CombinedGA 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 2:30 Cornhole Game GA 7:00 Bingo DR\$	27 10:00 Hymn Sing GR 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 2-3:30 Creative Corner SR 2:00 Movie and Popcorn Matinee: "The Notebook" GA	28 10:30 DROM FIT GA 2:00 *** AIR FRYER FRIDAY RR\$ 6:30 Praises with Steph ML 6:30 W.T.E.A Euchre RR <small>Ramadan Begins</small>	LEGEND: RR- Rose Room WR- Wellness Room SR- Spruce Room DR- Dining Room GR- Green Room ML- Main Lobby GA- Griffith Aud. SL - Spruce Lodge	

Home #: 519-271-4090

Kim: x2230

Karen: x 2257

Music Therapy: 2209

Pool: Tamara x 2282