

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

Woodland Towers Activities



				<p>1</p> <p>10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Stay Fit Exercise GA 10:00 Billiards and Coffee 1:30 - 3 Creative Corner SR (Brainstorming for 2025 Bring your ideas!) 2:00 WT Bowling Lanes GA 6:30 Euchre RR</p>	<p>2</p> <p>10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Stay Fit Exercise GA 10:00 Billiards and Coffee 1:30 - 3 Creative Corner SR (Brainstorming for 2025 Bring your ideas!) 2:00 WT Bowling Lanes GA 6:30 Euchre RR</p>	<p>3</p> <p>9:30 Pump it Up: StrengthGA 1:30 Line Dancing Class GA 3:00 Social Hour RR\$ 6:30 W.T.E.A Euchre Group (all welcome!) RR</p> <p>10:30 DROM FIT GA 2:00 Bingo DR\$ 6:30 Euchre RR</p>
<p>5</p> <p>9:00 Un-Decking the Halls 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA 3:00 Monday Jam Session with Christa! All welcome! Bring an instrument or your voice! RR</p>	<p>6</p> <p>9:00 Un-Decking the Halls 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA 3:00 Monday Jam Session with Christa! All welcome! Bring an instrument or your voice! RR</p>	<p>7</p> <p>9:30 Pump it up: Balance GA 2:00 Travelogue: "The Philippines" GA 3:15 Nail Spa SR</p>	<p>8</p> <p>10:00 Aquatic Balance/ Falls Prevention Pool 1:00 Hand Waxing ML 1:30 DROM FIT GA 2:00 Happy Birthday ELVIS Trivia and Reminisce ML 5:00 Doors On Your Floors WINNERS Pizza Party! GA 7:00 Bingo DR\$</p>	<p>9</p> <p>10:00 Old Time Sing Along GR 10:00 Bible Study SR 10:00 Stay Fit Exercise WR 10:00 Billiards and Coffee 1:30 Worship Service with Rev Charles Swartwood GA 3:00 Ladies Tea RR 6:30 Euchre RR</p>	<p>10</p> <p>9:30 Pump it Up: StrengthGA 10:30 DROM FIT GA 1:30 Playing the Seated Floor Hockey Game!! GA 3:00 Karaoke ML 6:30 W.T.E.A Euchre Group (all welcome!) RR</p> <p>6:30 Euchre RR</p>	<p>11</p> <p>9:00 Coffee Hour Bistro \$ 3:00 Social Hour RR 6:30 Euchre RR</p>
<p>12</p> <p>10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA</p>	<p>13</p> <p>10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA</p>	<p>14</p> <p>9:30 Pump it up: Balance GA 2:00 Guest Speaker: Nancy Musselman (Stratford's Heritage) GA 6:30 Toonie Tuesday Pub Night with Gerry Cutting GA</p>	<p>15</p> <p>10:00 Aquatic Balance/ Falls Prevention Pool 1:00 All Resident meeting with Dietary Re: new menu.DR. 7:00 Bingo DR\$</p>	<p>16</p> <p>8:30 Breakfast \$ Sign Up DR 10:00 Bible Study SR 10:00 Stay Fit Exercise GA 10:00 Billiards and Coffee 1:30 - 3 Creative Corner SR 2:00 Cornhole Game GA 6:30 Euchre RR</p>	<p>17</p> <p>10:30 DROM FIT GA 2:00 *** AIR FRYER FRIDAY RR\$ 6:30 W.T.E.A Euchre Group (all welcome!) RR</p>	<p>18</p> <p>9:00 Coffee Hour Bistro \$ 3:00 Social Hour RR 6:30 Euchre RR</p>
<p>19</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA 2:00 Afternoon Coffee RR</p> <p>Activity Professionals Week</p>	<p>20</p> <p><u>Hawaiian day!</u> 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA 2:00 Afternoon Coffee RR</p> <p>Martin Luther King Jr. Day</p>	<p>21</p> <p>9:30 Pump it up: Balance GA 1:30 Fireside Sing-Along with Julie and Charlene ML 3:00 Board Game Café RR</p>	<p>22</p> <p>Lucas' Last Day at Placement! 10:00 Aquatic Balance/ Falls Prevention Pool 10:00 Pump it Up: Combined GA 1:00 Hand Waxing ML 2:00 Farewell Lucas Social Hour! RR 7:00 Bingo DR\$</p>	<p>23</p> <p>10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Bring Your Own Coffee 1:30 - 3 Creative Corner SR 5:00 Chinese New Year Supper: Mei Shanghai Restaurant GA 6:30 Euchre RR</p>	<p>24</p> <p>9:30 Pump it Up: StrengthGA 1:30 Line Dancing Class GA 3:00 Karaoke ML 6:30 W.T.E.A Euchre Group (all welcome!) RR</p>	<p>25</p> <p>10:30 DROM FIT GA 2:00 Robbie Burns Day/Scotland Discussion and TriviaSR 6:30 Euchre RR</p>
<p>26</p> <p>10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA</p> <p>Australia Day (Observed)</p>	<p>27</p> <p>10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:StrengthGA</p>	<p>28</p> <p>9:30 Pump it up: Balance GA 2:00 January Birthday Party DR</p>	<p>29</p> <p>10:00 Pump it Up: Combined 11:30 Chinese New Year Lunch in Dining Room 1:00 Hand Waxing ML 1:30 DROM FIT GA 2:00 Year of the Snake! Learn about your Chinese zodiac sign ML 7:00 Bingo DR\$</p> <p>Chinese New Year (Year of the Snake)</p>	<p>30</p> <p>10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Stay Fit Exercise GA 10:00 Billiards and Coffee 1:30 - 3 Creative Corner SR 2:00 Movie Matinee: "Last Holiday" GA 6:30 Euchre RR</p>	<p>31</p> <p>9:30 Pump it Up: StrengthGA 10:30 DROM FIT GA 2:00 Trivia and Brain Teasers SR 3:00 Social Hour RR 6:30 W.T.E.A Euchre Group (all welcome!) RR</p>	<p>31</p> <p>9:30 Pump it Up: StrengthGA 10:30 DROM FIT GA 2:00 Trivia and Brain Teasers SR 3:00 Social Hour RR 6:30 W.T.E.A Euchre Group (all welcome!) RR</p> <p>6:30 Euchre RR</p>

Home #: 519-271-4090

Kim: x2230

Karen: x 2257

Music Therapy: x 2209

Pool: Tamara x 2282