



# December 2024

## Spruce Lodge Nursing Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Word Games <b>1</b> 2:00 Small Group Painting 3:00 Cafe Social	10:30 Christmas Coffee <b>2</b> Tasting 2:00 Sing-a-Long with Karen 3:00 Cafe Social	11:00 Friendship Choir <b>3</b> 2:00 Bingo 3:00 Café Social	10:30 Travelogue: New York City <b>4</b> 2:00 Unwrapping Gift Game 3:00 Café Social 6:30 Campfire	10:00 Walking Group <b>5</b> 11:00 Church Service 2:00 Bingo 3:00 Café Social	<b>Hockey Jersey Day 6</b> 10:30 Word Games 10:30 Hockey Stories 2:00 West Perth Dance Club Performance 3:00 Cafe Social	10:30 Fun & Fitness <b>7</b> 2:00 Bingo 3:00 Café Social
10:00 TV Church Service <b>8</b> 2:00 Music with Mike Ryan 3:00 Cafe Social	10:30 Adams Advanced Exercises <b>9</b> 2:00 Reindeer Game 3:00 Cafe Social 6:30 2 Gals & a Guitar	11:00 Caroling by Christian school <b>10</b> 2:00 Bingo 3:00 Coffee & Music	10:30 RC Mass <b>11</b> 11:15 Church Service 2:00 Christmas Caroling by Avon School 3:00 Candy Cane Hot Chocolate	10:00 Walking Group <b>12</b> 11:00 St. Mikes Christmas Concert 2:00 Bingo 3:00 Café Social 6:30 Just for Fun Band	<b>Red &amp; Green Day 13</b> 10:30 Trivia Fun 2:00 Pinecone Painting 3:00 Cafe Social	10:30 Fun & Fitness <b>14</b> 2:00 Bingo 3:00 Café Social
10:00 TV Church Service <b>15</b> 2:00 Scents of the Season 3:00 Cafe Social 4:15 Christmas Carols by St. Peters Church	10:30 Resident Christmas Concert <b>16</b> 2:00 Sing-a-Long with Karen 3:00 Cafe Social	10:30 Reading Group <b>17</b> 10:30 Adam's Advanced Exercises 2:00 Bingo 3:00 Café Social	10:00 Resident Council <b>18</b> 10:30 Christmas Door Tour 2:00 Birthday Party by Conn Smyth 3:00 Café Social	11:00 Christmas Reflections <b>19</b> 2:00 Bingo with RBC staff 3:00 Café Social	<b>Christmas Sweater Day 20</b> 10:30 Christmas Cookie Decorating 2:00 Name that Christmas Tune	10:30 Fun & Fitness <b>21</b> 2:00 Bingo 3:00 Café Social
10:30 Christmas Craft <b>22</b> 2:00 Christmas Trivia Fun 3:00 Cafe Social	10:00 Scrapbooking <b>23</b> 10:00 Movie: The Grinch 2:00 Christmas Party with Frank St. Germain 3:00 Cafe Social	10:30 Reading: The Night Before Christmas <b>24</b> 2:00 Bingo 3:00 Café Social	<b>Christmas Day 25</b> 	<b>Boxing Day 26</b> 	<b>Pajama Day 27</b> 10:30 Word Games 2:00 Movie & Snacks 3:00 Cafe Social	10:30 Fun & Fitness <b>28</b> 2:00 New Year's Bingo 3:00 Café Social
10:00 TV Church Service <b>29</b> 2:00 New Year's Craft 3:00 Cafe Social	10:30 New Year's Eve Coloring <b>30</b> 2:00 Hymn Sing with Karen 3:00 Cafe Social	<b>New Year's Eve 31</b> 10:30 Reading Group 10:30 Fun & Fitness 2:00 New Years Eve Party with Henry Winter 3:00 Café Social	To contact Activities: (519) 271-4090 ext. 2227 <a href="mailto:activity@sprucelodge.on.ca">activity@sprucelodge.on.ca</a>  <span style="color: red;">*Programs may change*</span>			