

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	 HAPPY LABOUR day <small>Labor Day</small>	3 9:30 Pump it up: Balance GA 2:00 Brain Teasers ML 3:15 Cornhole Game Patio 5:30 – 7:30 Painting Bowls for House of Blessing Drop In SR	4 10:00 Aquatic Balance/ Falls Prevention Pool 1:00 Hand Waxing ML 1:00 DROM FIT RR 7:00 Bingo DR\$ 1:30 – 3:30 Painting Bowls for House of Blessing SR	5 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 2:00 WT Bowling Lanes and Coffee GA 6:30 Euchre RR	6 9:30 Pump it Up: Strength GA 10:30 DROM FIT GA 1:30 Line Dancing Class GA 1:30 - 3 Creative Corner SR 3:00 Social Hour RR	7 6:30 Euchre RR
 Happy GRANDPARENTS' DAY <small>Grandparents Day</small>	8 10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA	9 9:30 Pump it up: Balance GA 2:00 Bring and Brag RR 6:30 Toonie Tuesday Pub Night with Frank St. Germaine\$GA	10 9:30 Pump it up: Balance GA 2:00 Bring and Brag RR 6:30 Toonie Tuesday Pub Night with Frank St. Germaine\$GA	11 5:00-8:00 Our 9th Annual Spruce Lodge Car Show! BBQ, Kens Fries, Ice Cream, Live Music, Entertainment, and Beautiful Cars/Trucks! Friends and Family Welcome! Back Parking Lots of Spruce Lodge	12 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 10:00 Old time Sing a long with Karen GR 1:30 Worship Service with Gerry Langis GA 3:00 Ladies Tea DR 6:30 Euchre RR	13 9:00-12:00 Dianna and Ruth's Mini Market GA 14 9:00 Coffee Hour Bistro 11:40 Outing: Live Music and Lunch at the Stratford Dragon Boat Festival! ML 6:30 Euchre RR
15 10 am – 12:30 Clothing Drop off for Clothing Sale GA (see posters for details) 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Coffee RR\$	16 10 am – 12:30 Clothing Drop off for Clothing Sale GA (see posters for details) 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Coffee RR\$	17 9:30 Pump it up: Balance WR 10 – 12:30 Resident Clothing Sale GA (see posters for more details) 2:00 Campfire Sing-Along and Treats! Spruce Lodge Labyrinth	18 10:00 Pump it Up: Combined GA 1:00 Hand Waxing GA 1:30 DROM FIT GA 2:30 Fall Themed Cooking Demo and Taste Testing with Judy Williams from Pampered Chef GA 7:00 Bingo DR\$	19 8:30 Breakfast \$ Sign Up 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 11:00-3:00 JBS Clothing Sale Griffith Auditorium 3:40 Outing to the 183rd Stratford Fall Fair 6:30 Euchre RR	20 9:30 Pump it Up: Strength GA 1:30 Line Dancing Class GA 3:00 Karaoke ML	21 12:00 The Burger Shack with Karen WR Please Sign Up 1:30 - 3 Creative Corner SR 6:30 Euchre RR <small>Oktoberfest Begins</small>
22 10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA	23 10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA	24 9:30 Pump it up: Balance GA 2:00 September Birthday Party! DR	25 10:00 Pump it Up: Combined GA 10:00 Aquatic Balance/ Falls Prevention Pool 1:00 Hand Waxing GA 1:30 DROM FIT GA 2:00 Nature Walk ML 7:00 Bingo DR\$	26 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 Movie and Popcorn Matinee: Beethoven's 2nd GA 4:00 Supper Outing to Boston Pizza please sign up \$	27 9:30 Pump it Up: Strength GA 2:00-4:00 Residents Showcase GA (See posters for details) 1:30 Ping Pong Game! RR 3:00 Social Hour RR	28 6:30 Euchre RR
29 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Coffee RR\$	30 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Coffee RR\$	<h1>September 2024</h1>				