

# September 2024

## Spruce Lodge Community Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Small Group Painting \ Colouring 2:00 Cards &amp; Games 3:00 S.L Cafe &amp; Pub</p> <p><b>1</b></p>	<p><b>Labour Day Stat 2</b></p> <p><i>HAPPY Labour Day</i></p>	<p>10:30 Fun&amp;Fitness <b>3</b> 2:00 Bingo 3:00 Café Social 6:30 2 Gals &amp; a Guitar</p>	<p>10:30 Trivia: What Am I? <b>4</b> 2:00 Scrapbooking 3:00 Café Social</p>	<p>10:00 Back to School Memories <b>5</b> <b>11:00 Church Service</b> 2:00 Bingo  3:00 Café Social 6:15 Advanced Painting</p>	<p>10:30 Balloon Badminton <b>6</b> 2:00 Craft Beer Tasting 3:00 Café Social </p>	<p>10:30 Fun &amp; Fitness <b>7</b> 2:00 Bingo 3:00 Café Social</p>
<p><b>Grandparents Day 8</b> 10:00 TV Church Service 2:00 Grandparents Day Social </p>	<p><b>Fall Glamour Pictures 9</b> <b>all morning</b> 10:30 DROM 2:00 Music with Traci Kennedy </p>	<p>10:30 Fun&amp;Fitness <b>10</b> 2:00 Bingo 3:00 Café Social 6:30 Good News Stories</p>	<p><b>10:30 RC Mass 11</b> <b>11:15 Church Service</b> 2:00 Word Game Wednesday 5:00 Spruce Lodge Car Show </p>	<p>10:30 Bean Bag Toss <b>12</b> 2:00 Bingo 3:00 Café Social 6:30 Hillcrest Band Entertainment</p>	<p>10:30 Discussion: Inventions <b>13</b> 2:00 Colouring Corner 3:00 Cafe Social</p>	<p>10:30 Fun &amp; Fitness <b>14</b> (Yoga) 2:00 Bingo 3:00 Café Social</p>
<p>10:00 Crafty Corner Fun <b>15</b> 2:00 Mexican Cooking Class 3:00 Cafe Social</p>	<p>10:30 Sit &amp; Stretch Group <b>16</b> 2:00 Sing-a-Long with Karen</p>	<p>10:30 Fun&amp;Fitness <b>17</b> 2:00 Bingo 2:00 Campfire  3:00 Café Social 6:30 Autumn Collections</p>	<p>10:00 Resident Council <b>18</b> 2:00 Music with Keys &amp; Strings Band  3:00 Café Social 6:30 Travelogue</p>	<p>10:00 Walking Group <b>19</b> <b>11:00 Church Service</b> 2:00 Bingo 3:00 Café Social 6:15 Friendship Circle</p>	<p>10:30 Word Games <b>20</b> 2:00 Snack Group 3:00 Alzheimer's Coffee Break</p>	<p><b>World Alzheimer's Day 21</b> 10:30 Socializing with Friends 2:00 Bingo 3:00 Café Social</p>
<p><b>First Day of Fall 22</b> 10:00 TV Church Service 2:00 Craft: Fall Leaf Bowl 3:00 Cafe Social </p>	<p>10:30 DROM <b>23</b> 2:00 Sing-a-Long with Karen</p>	<p>10:30 Fun&amp;Fitness <b>24</b> 2:00 Bingo 3:00 Café Social 6:30 Reading Group</p>	<p>10:30 Trivia Fun <b>25</b> 2:00 Spruce Lodge Fall Fair  3:00 Café Social 6:30 Campfire</p>	<p>10:00 Walking Group <b>26</b> <b>11:00 Church Service</b> 2:00 Bingo 2:00 Friendship Circle 3:00 Café Social 6:30 Just for Fun Band</p>	<p>10:30 Snack Group <b>27</b> 2:00 Birthday Party with Leavin Tracks  3:00 Café Social</p>	<p>10:30 Fun &amp; Fitness <b>28</b> 2:00 Bingo 3:00 Café Social</p>
<p>10:30 Trivia Fun <b>29</b> 2:00 Afternoon Movie (documentary ) 3:00 Cafe Social</p>	<p><b>Orange Shirt Day 30</b> 10:30 Truth and Reconciliation Event 2:00 Hymn Sing with Karen </p>				<p><b>To contact Activities:</b> <b>519-271-4090 ext. 2227</b> <b>activity@sprucelodge.on.ca</b> <b>* Programs may change*</b></p>	