

August 2024

Spruce Lodge Community Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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To contact Activities:
519-271-4090 ext. 2227
activity@sprucelodge.on.ca
*** Programs may change***




10:30 Courtyard Social **1**
 2:00 Bingo
 3:00 Café Social
 6:15 Friendship Circle

10:30 Trivia Fun **2**
 2:00 Spruce Lodge Olympic Games
 3:00 Café Social



10:30 Morning Tea **3**
 2:00 Bingo



10:00 TV Church Service **4**
 2:00 Word Games
 3:00 Cafe Social

Civic Holiday Stat 5



10:30 Fun&Fitness **6**
 2:00 Bingo
 3:00 Café Social
 6:15 Reading Group

10:30 News and Events **7**
 2:00 The Fossil Guy
 3:00 Café Social
 6:30 Travelogue



10:30 Scrapbooking **8**
 2:00 Bingo
 3:00 Café Social

10:30 Trivia Fun **9**
 2:00 Crafty Corner Fun
 3:00 Café Social




10:30 Fun & Fitness **10**
 2:00 Bingo
 3:00 Café Social

10:00 TV Church Service **11**
 2:00 All about Elvis Presley
 3:00 Cafe Social




10:30 Advance Exercise **12**
 2:00 Sing-a-Long with Karen
 6:30 2 Gals & a Guitar



10:30 Fun&Fitness **13**
 2:00 Bingo
 3:00 Café Social
 6:15 Therapeutic Colouring

10:30 **RC Mass 14**
 2:00 Music with Elvis!



Hawaiian Dress Up Day 15
 10:30 Balloon Badminton
 2:00 Bingo
 3:00 Pina Colada Cafe



10:30 Food Committee Meeting **16**
 2:00 Silly Jokes
 3:00 Café Social


10:30 Trivia Fun **17**
 2:00 Bingo
 3:00 Café Social

10:30 Fun & Fitness **18**
 2:00 Mindful Sunday
 3:00 Cafe Social

10:00 Resident Council **19**
 10:30 Advance Exercise
 2:00 Sing-a-Long with Karen

10:30 Fun&Fitness **20**
 2:00 Bingo
 3:00 Café Social
 6:15 Reading Group

10:30 News and Events **21**
 2:00 August Birthday Party with Bob Lauze
 3:00 Café Social



10:30 Scrapbooking **22**
 2:00 Bingo
 3:00 Café Social
 6:15 Advance Painting

10:30 Carpet Bowling **23**
 2:00 You Tube: Sing along with Tom Melady
 3:00 Café Social

10:30 Fun & Fitness **24**
 2:00 Bingo
 3:00 Café Social

10:00 TV Church Service **25**
 2:00 Music with Mike Ryan
 3:00 Cafe Social



10:30 Advance Exercise **26**
 2:00 Sing-a-Long with Karen

10:30 Fun&Fitness **27**
 2:00 Bingo
 3:00 Café Social
 6:00 Movie Night


10:30 News and Events **28**
 2:00 Outdoor Games
 3:00 Café Social
 6:30 Campfire



10:30 Fruit Tasting Fun **29**
 2:00 Bingo
 3:00 Café Social
 6:15 Friendship Circle (Guest speaker)



10:00 Walking Group **30**
 2:00 Name that Tune Game
 3:00 Café Social



10:30 Fun & Fitness **31**
 2:00 Bingo
 3:00 Café Social