


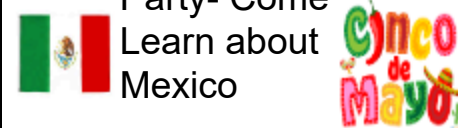
























May 2024

Spruce Lodge Community Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	To contact Activities: 519-271-4090 ext. 2227 activity@sprucelodge.on.ca * Programs may change* 		10:30 Ad. Exercise 1 11:30 Avon School Kids Choir  2:00 Balloon Volleyball 3:00 Café Social 6:30 Trivia Night	10:00 Pet Care 2 10:00 Outdoors Strolls 11:00 Church Service 2:00 Bingo 3:00 Café Social 6:15 Friendship Circle	10:00 Coffee Tasting 3 11:30 Drum Circle 2:00 Cinco De Mayo Party- Come Learn about Mexico 	Star Wars Day 4 10:30 Fun & Fitness 2:00 Bingo 3:00 Café Social 
Cinco De Mayo 5 10:00 Crafty Corner Fun  2:00 Embro Choir Performance 3:00 Cafe Social	10:30 DROM 6 11:30 Women's Music Therapy Group 2:00 Sing-a-Long with Karen 6:30 2 Gals & a Guitar 	10:30 Fun&Fitness 7 11:00 Men's Music 2:00 Bingo 3:00 Café Social 3:30 Move to the Music	9:30 Indoor Gardening 8  10:30 RC Mass 11:15 Church Service 2:00 Tim Horton's Drive Thru 	9:40 Country Drive 9 10:00 Outdoors Strolls 2:00 Bingo 3:00 Café Social	10:00 Mothers Day Craft 10 11:30 Drum Circle 2:00 Come Learn About Kites  3:00 Mother's Day Café	10:30 Fun & Fitness 11 2:00 Bingo 3:00 Café Social 
Mother's Day 12 10:00 TV Church Service  2:00 Ice Cream Sundae Social 2:00 Movie Matinee	10:30 News&Events 13 11:30 Women's Music Therapy Group 2:00 Sing-a-Long with Karen	10:00 Glamour Shots 14  11:00 Men's Music 2:00 Bingo 3:00 Café Social 3:30 Move to the Music 	10:00 Resident Council 15 2:00 The History of Hats with Lynn Wilcox  6:30 Travelogue	10:00 Pet Care 16 10:00 Outdoors Strolls 11:00 Church Service 2:00 Bingo 3:00 Café Social 6:15 Friendship Circle	10:30 Word Games 17 10:30 Baking Cupcakes 2:00 Victoria Day Social	10:30 Fun & Fitness 18 2:00 Bingo 3:00 Café Social 
10:00 TV Church Service 19 11:00 Hymn Sing 2:00 Ice Cream Sundae Social	Victoria Day Stat 20 	10:30 Fun&Fitness 21 11:00 Men's Music 2:00 Bingo 3:00 Café Social	9:30 Gardening 22  10:30 Ad. Exercise 2:00 Music with Henry Winter  3:00 Café Social 6:15 Friendship Circle	9:40 Country Drive 23 11:00 Church Service 2:00 Bingo 3:00 Café Social	10:30 Nature Talk 24 11:30 Drum Circle 2:00 Karaoke Fun  3:00 Café Social 3:30 Tone Chime's	10:30 Fun & Fitness 25 2:00 Bingo 3:00 Café Social 
10:30 Trivia Fun 26 2:00 Crafty Corner Fun 3:00 Cafe Social	10:30 News&Events 27 10:30 DROM 11:30 Women's Music Therapy Group 2:00 Sing-a-Long with Karen	10:30 Fun&Fitness 28 11:00 Men's Music 2:00 Bingo 3:00 Café Social 6:30 Video Dance Party	9:30 Gardening 29 10:30 Ad. Exercise 2:00 May Birthday Party with Mike Kelly  6:30 Campfire 	10:00 Pet Care 30 10:00 Scrapbooking Fun 2:00 Bingo 3:00 Café Social 6:15 Just For Fun Band 	10:30 Word Games 31 11:30 Drum Circle 2:00 Colouring Fun 3:00 Café Social 3:30 Tone Chime's	Contact Activities if interested in Outings * Outings are limited to 1 a month per resident so we can ensure many residents are able to participate.