

Sunday

Monday

Tuesday



Wednesday

Thursday

Friday

Saturday

March 2024

							<p>1</p> <p>9:30 Pump it Up: Strength GA 10:30 DROM FIT GA 1:30 Line Dancing Class GA 3:00 Social Hour RR</p>	<p>2</p>
<p>3</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Charades Bistro</p>	<p>4</p> <p>9:30 Self-led Pump it up Balance WR 2:00 Bring and Brag: Bring an item that you are proud of to share RR 6:30 Young At Heart Video Dance GA</p>	<p>5</p> <p>10:00 Pump it Up: Combined (Self-Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 2:30 Travelogue: Ireland GA 7:00 Bingo DR\$</p>	<p>6</p> <p>10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 WT Bowling Lanes and Coffee GA 4:40 Supper Outing to Crabby Joes \$</p>	<p>7</p> <p>9:00-12:00 Dianna and Ruth's Mini Market ML\$ 9:30 Self-led Pump it Up: Strength WR 10:30 DROM FIT GA 2:00 Bingo</p>	<p>8</p> <p>9:00 Coffee Hour Bistro \$ 10:15 Pump it Up: Combined GA 2:00 Karaoke ML 6:30 Euchre RR **Spring your clocks ahead before you go to bed!**</p> 	<p>9</p>		
<p>10</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Café RR</p> <p>Ramadan Begins Daylight Saving Time Begins</p>	<p>11</p> <p>9:30 Self-led Pump it Up: Balance WR 2:00 Card Game: Spoons Bistro 6:30 Toonie Tuesday Pub Night with Leavin' Tracks \$GA</p>	<p>12</p> <p>10:00 Pump it Up: Combined (Self-Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 2:00 Brain Teasers ML 7:00 Bingo DR\$</p>	<p>13</p> <p>8:30 Breakfast \$ Sign Up 10:00 Stay Fit Exercise GA 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 1:30 Worship Service with Rev. Jeff Laustsen GA 3:00 Ladies Tea RR</p>	<p>14</p> <p>9:30 Pump it Up: Strength GA 1:30 Line Dancing Class GA 3:00 Celtic/ Irish Tunes Sing Along with Kim ML</p>	<p>15</p> <p>10:30 DROM FIT GA 2:00 All about St. Partick's Day! Trivia! and More! SR</p>	<p>16</p>		
<p>17</p> <p>Happy St. Patrick's Day</p> <p>St. Patrick's Day</p>	<p>18</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA</p>	<p>19</p> <p>10:00am - 2:00pm Silvia's Jewellery Show ML 9:30 Pump it Up: Balance GA 2:00 Celebrate 1st Day of Spring! Donut Day and Music! See poster for more details GA</p> <p>Spring Begins</p>	<p>20</p> <p>10:00 Pump it Up: Combined (Self Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 1:00 Hand Waxing ML\$ 2:00 St. Patrick's Day Pub with Mike Kelly GA 7:00 Bingo DR\$</p>	<p>21</p> <p>10:00 Hymn Sing GR 10:00 Self-led Stay Fit WR 10:00 Bible Study SR 10:00 Billiards and Bring your own Coffee! Billiards RM 3:00 7-up Card Game (resident led) Bistro 1:30 - 3 Creative Corner SR</p>	<p>22</p> <p>9:30 Pump it Up: Strength GA 10:30 DROM FIT GA 11:20-1:20 Outing to the Army and Navy 1:30 Line Dancing Class GA 3:00 Karaoke ML</p>	<p>23</p> <p>Purim Begins</p>		
<p>24</p> <p>1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Pump it Up:Strength GA 3:00 Afternoon Café RR</p> <p>Palm Sunday</p>	<p>25</p> <p>9:30 Pump it Up: Balance GA 2:00 March Birthday Party DR 3:00 Kitchen Tour #1 ML 3:30 Kitchen Tour #2 ML 6:30 Euchre (All Welcome!)RR</p>	<p>26</p> <p>10:00 Pump it Up: Combined (Self-Led) WR 10:00 Aquatic Balance and Falls Prevention Pool 10:00-12:20 Shopping Trip to the Stratford Mall\$ 1:00 Hand Waxing ML\$ 1:30 DROM FIT GA 7:00 Bingo DR\$</p>	<p>27</p> <p>10:00 Stay Fit Exercise GA 10:00 Hymn Sing GR 10:00 Bible Study SR 10:00 Billiards and Coffee Billiards RM 2:00 Movie and Popcorn Matinee: "Leap Year" GA 1:30 - 3 Creative Corner SR</p>	<p>28</p>	<p>29</p> <p>GOOD FRIDAY</p> 	<p>30</p> <p>9:00 Coffee Hour Bistro \$ 10:15 Pump it Up: Combined GA 2:00 Open Mic and Social Hour DR 6:30 Euchre RR</p>		
<p>31</p> <p>Easter</p> <p>Easter Sunday</p>	<p>LEGEND: RR- Rose Room WR- Wellness Room SR- Spruce Room DR- Dining Room GR- Green Room LIB- Library GA- Griffith Aud.</p>							