




















March 2024

Spruce Lodge Nursing Home



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To contact Activities: 519-271-4090 ext. 2227 activity@sprucelodge.on.ca * Programs may change* 	Contact Activities if interested in Outings or Sign-Up Meals * 				10:30 Fruit Tasting Social  1 11:30 Drum Circle 2:00 Nature Talk Social  3:30 Tone Chime's	10:30 Fun & Fitness 2 2:00 Baseball Social
10:30 Crafty Corner Fun 3 2:00 Bingo 3:00 Cafe Social	10:00 Manicure Cart 4 10:30 DROM 1:20 Tim Hortons Outing  2:00 Sing-a-Long with Karen	10:30 Fun&Fitness 5 11:00 Men's Music 2:00 Bingo 3:00 Café Social 6:30 Video Dance Party	9:30 Indoor Gardening 6 10:30 Adv.Exercise 2:00 Balloon Volleyball 3:00 Café Social 6:30 Travelogue: Ireland	10:00 Pet Care 7 11:00 Church Service 1:00 Friendship Circle 2:00 Bingo 3:00 Café Social 6:15 Friendship Circle	10:00 Woman's Day Pictures 8 11:30 Drum Circle 2:00 Oscars\Movie Social  3:30 Tone Chime's	10:30 Fun & Fitness 9 12:30 Sign-Up Meal 2:00 Bingo 3:00 Café Social
Daylight Savings 10 10:00 TV Church Service 2:00 Trivia Fun  3:00 Cafe Social	10:30 News&Events 11 2:00 Sing-a-Long with Karen 2:00 Manicure's 6:30 2 Gals and a Guitar 	10:30 Fun&Fitness 12  11:00 Men's Music 2:00 Bingo 3:00 Café Social	9:40 Mall Outing 13 10:30 RC Mass 11:15 Church Service 2:00 Hunting Game 3:00 Café Social	10:00 Pet Care 14 10:00 Scrapbooking 2:00 Bingo 3:00 Café Social 6:15 Travelogue Newfoundland	10:30 St.Pattys Craft 15 2:00 St. Patrick's Party:Henry Winter  3:30 Tone Chime's	10:30 Fun & Fitness 16 2:00 Bingo 3:00 Café Social
St. Patrick's Day 17  10:30 Trivia Fun 2:00 St. Patrick's Day Social	10:30 DROM 18 2:00 Sing-a-Long with Karen 2:00 Manicure Cart	Spring Begins 19  10:30 Fun&Fitness 11:00 Men's Music 2:00 Bingo 3:00 Smoothie Cafe	9:40 Country Drive 20  10:00 Resident Council 2:00 Keys & Strings Band  3:00 Café Social	9:30 Gardening 21 11:00 Church Service 2:00 Bingo 3:00 Café Social 6:15 Friendship Circle	10:30 Trivia Fun 22 11:30 Drum Circle 2:00 Baking Fun 3:00 Café Social 3:30 Tone Chime's	10:30 Fun & Fitness 23 2:00 Bingo 3:00 Café Social
Palm Sunday 24 2:00 Bracelet Making Craft 3:00 Cafe Social	10:30 News&Events 25 10:30 DROM 2:00 Sing-a-Long with Karen 3:00 Kitchen Tours	8:30 Men's Breakfast 26 10:30 Fun&Fitness 11:00 Men's Music 2:00 Bingo 3:00 Café Social	9:30 Gardening 27 10:30 Ad. Exercise 2:00 Birthday Party with Gerry Cutting  6:30 Trivia Night	11:00 Church Service 28 2:00 Bingo 3:00 Hot Cross Bun Café 6:30 Just for Fun Band 	Good Friday Stat 29 	10:30 Fun & Fitness 30 2:00 Easter Bingo 3:00 Café Social
Easter Sunday 31 2:00 Easter Craft 