

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

LEGEND:

- RR- Rose Room
- WR- Wellness Room
- SR- Spruce Room
- DR- Dining Room
- GR- Green Room
- LIB- Library
- GA- Griffith Aud.
- SL – Spruce Lodge

September 2023

Store Hours

Monday- 9:30 -11:30 AM
 Wednesday - 1:30 -3PM
 Friday - 9:30 -11:30 AM

519-271-4090 ~
 Kim x 2230
 Karen x 2257
 Music Therapy x 2209



The Pool and the Store are closed today
 Labor Day



<p>3</p>	<p>4</p>	<p>5</p> <p>10:00 Exercise Class GA 2:00 Brain Teasers ML 3:15 Card Game: Spoons Bistro 6:30 Euchre (All Welcome!)RR</p>	<p>6</p> <p>10:00 Exercise Class GA 1:30 DROM FIT GA 2:30 Travelogue: Spain Griffith Auditorium 3:00 Euchre, Crokinole and Cafe SL Living Room 7:00 Bingo DR</p>	<p>7</p> <p>10:00 Stay Fit Class GA 10:00 Bible Study SR 10:00 Hymn Sing GR 10:15 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 Outing: Cruise on the Avon River & Ice Cream at the Boathouse</p>	<p>8</p> <p>9:00 Self-led Exercise ClassWR 9:45 Exercise Class GA 11:15 Grandparent's Day Smoked Pork Chop BBQ DR (Bring some \$ for beer/liquor/wine if interested!) 1:30 Line Dancing Class GA 3:00 Karaoke ML</p>	<p>9</p> <p>9:00 Coffee Hour Bistro \$ 2:00 Karaoke Party Patio 6:30 Euchre (All Welcome!)RR 10:00 DROM FIT GA 12:15 Karen's Burger Shack Lunch WR Sign Up \$</p>
<p>10</p> <p>Grandparents Day</p>	<p>11</p> <p>10:00 Sing along with Kim GR 11:00- BP with Janine in the ML 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Exercise Class GA 3:00 Afternoon Coffee Patio\$</p>	<p>12</p> <p>10:00 Exercise Class GA 1:30 General Resident Meeting GA 3:00 Bring and Brag RR 6:30 Euchre (All Welcome!) RR 6:30 Toonie Tuesday Pub Night with Bill Craig \$ GA</p>	<p>13</p> <p>10:00 Self-led Exercise WR 5:00 – 8:00 Our 8th Annual Spruce Lodge Car Show!! BBQ, Ken's Fries, Ice Cream, Live Entertainment, and Beautiful Cars! Friends and Family Welcome! Back Parking Lots of Spruce Lodge</p>	<p>14</p> <p>10:00 Stay Fit Class WR 10:00 Bible Study SR 10:15 Billiards and Coffee Billiards RM 1:30 Worship Service with Charles Swartwood, Bethel Church GA 3:00 Ladies Tea RR</p>	<p>15</p> <p>9:00-12:00 Dianna and Mary's Mini Market ML 9:45 Exercise Class GA 10:30 DROM FIT GA 11:20 Outing to the Army and Navy \$ Independent +Sign Up 1:30 Line Dancing Class GA 2:00 Trivia Time SR 3:00 Lemonade and Laughs RR Rosh Hashanah Begins</p>	<p>16</p> <p>6:30 Euchre (All Welcome!)RR Oktoberfest Begins</p>
<p>17</p>	<p>18</p> <p>10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Exercise Class GA 3:00 Fun Game: Scattergories Bistro</p>	<p>19</p> <p>10:00 Exercise Class GA 2:00 – 4:00 Woodland Towers and Hamlet Estates Activities Fair! Griffith Auditorium 6:30 Euchre (All Welcome!)RR</p>	<p>20</p> <p>10:00 Exercise Class GA 12:00 Ladies Lunch WR\$ 3:00 Card Game: 7-UP Bistro 3:00 Euchre, Crokinole and Cafe SL Living Room 7:00 Bingo DR</p>	<p>21</p> <p>8:30 Breakfast \$ Sign Up 10:00 Self-led Stay Fit WR 10:00 Bible Study SR 10:15 Hymn Sing GR 10:15 Billiards and Bring your own coffee! Billiards RM 1:30 - 3 Creative Corner SR 4:00 Outing to the 182nd Stratford Fall Fair! ML</p>	<p>22</p> <p>9:00 Self-led Exercise ClassWR 10:30 DROM FIT GA 10:40 – 1:20 Shopping Trip to the Stratford Mall \$ 2:00 BINGO!! RR 3:15 Ice Cream Bars...Drop in for a FREE Ice Cream Bar while quantities last! RR</p>	<p>23</p> <p>9:00 Coffee Hour Bistro \$ 2:00 Fall Harvest Celebration with Entertainment by Traci Kennedy Griffith Auditorium \$5 for Apple Pie, Ice Cream, and Cider 6:30 Euchre (All Welcome!)RR Autumn Begins</p>
<p>24</p> <p>Yom Kippur Begins</p>	<p>25</p> <p>10:00 Sing along with Kim GR 1:30 Crokinole RR 1:30 Cribbage Billiards Rm 1:30 Exercise Class GA 3:00 Karaoke ML</p>	<p>26</p> <p>10:00 Exercise Class GA 2:00 September Birthday Party DR 6:30 Euchre (All Welcome!)RR</p>	<p>27</p> <p>9:00 Self Led Exercise WR 12:00 Steak BBQ Sign Up WR \$ 2:30 DROM FIT RR 3:00 Euchre, Crokinole and Cafe SL Living Room 7:00 Bingo DR</p>	<p>28</p> <p>10:00 Stay Fit Class GA 10:00 Bible Study SR 10:00 Hymn Sing GR 10:15 Billiards and Coffee Billiards RM 1:30 - 3 Creative Corner SR 2:00 Movie and Popcorn Matinee: "The Age of Adeline" GA</p>	<p>29</p> <p>9:45 Exercise Class GA 1:30 Line Dancing Class GA 3:00 Ping Pong Game and Happy Hour! RR Sukkot Begins</p>	<p>30</p> <p>6:30 Euchre (All Welcome!)RR</p>

