

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June 2023

## Woodland Towers Activity Calendar

				<p><b><u>National Fire Fighters Day!</u></b><sup>1</sup>  <b>9:30</b> Stay Fit Seated Class <b>WR</b>  <b>10:00</b> Bible Study <b>SR</b>  <b>10:15</b> Billiards and Coffee  <b>Billiards RM</b>  <b>1:30</b> Fire Truck Display and Demonstration <b>Outfront</b>  <b>1:30-3</b> Creative Corner <b>SR</b>  <b>6:30</b> Euchre (All Welcome) <b>RR</b></p>	<p><b>9:00</b> Self-led Exercise Class <b>WR</b><sup>2</sup>  <b>9:00</b> National Donut Day!  Donuts and Coffee \$2  <b>Bistro</b>  <b>10:00</b> Hymn Sing <b>GR</b>  <b>1:30</b> Line Dancing <b>GA</b></p>	<p><b>6:30</b> Euchre (All Welcome!) <b>RR</b><sup>3</sup></p>
<p><b>4</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Chair Yoga <b>SR</b>  <b>10:00</b> Sing along with Kim <b>GR</b>  <b>10:30</b> DROM FIT <b>GA</b>  <b>1:30</b> Crokinole <b>RR</b>  <b>1:30</b> Cribbage <b>Billiards Rm</b>  <b>3:00</b> Afternoon Coffee <b>Patio</b></p>	<p><b>5</b>  <b>9:00</b> Cardio Workout <b>WR</b>  <b>10:00</b> <b>St. Mike's Choir Performance</b> <b>GA</b>  <b>2:00</b> WT Resident meeting <b>GA</b>  <b>3:00</b> Scattergories <b>Bistro</b>  <b>6:30</b> Euchre (All Welcome!) <b>RR</b></p>	<p><b>6</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Qi Gong Mindful Movement <b>SR</b>  <b>10:00</b> Brain Teasers <b>ML</b>  <b>1:30</b> DROM FIT <b>GA</b>  <b>2:30</b> Bowling and Coffee <b>GA</b>  <b>7:00</b> Bingo <b>DR</b></p>	<p><b>7</b>  <b>9:30</b> Stay Fit Seated Class <b>WR</b><sup>8</sup>  <b>10:00</b> Bible Study <b>SR</b>  <b>10:15</b> Billiards and Coffee  <b>Billiards RM</b>  <b>1:30</b> Line Dancing <b>GA</b>  <b>1:30-3pm</b> Creative Corner <b>SR</b>  <b>5:00</b> Burger Shack with Karen <b>WR \$</b> Sign up required  <b>6:30</b> Euchre (All Welcome) <b>RR</b></p>	<p><b>8</b>  <b>9:00</b> Self-led Exercise Class <b>WR</b><sup>9</sup>  <b>9:00-12:00</b> Dianna and Mary's Mini Market <b>ML</b>  <b>5:15</b> <b>Outing to Market Square Supper and Concert \$</b> (See poster for more details)</p>	<p><b>9:00</b> Coffee Hour <b>Bistro \$</b>  <b>2:00</b> Karaoke Party <b>GA</b>  <b>6:30</b> Euchre (All Welcome!) <b>RR</b><sup>10</sup></p>	
<p><b>11</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Qi Gong Mindful Movement <b>SR</b>  <b>10:00</b> Sing along with Kim <b>GR</b>  <b>10:30</b> DROM FIT <b>GA</b>  <b>1:30</b> Crokinole <b>RR</b>  <b>1:30</b> Cribbage <b>Billiards Rm</b>  <b>3:00</b> Bring and Brag <b>RR</b></p>	<p><b>12</b>  <b>9:00</b> Self-Led Cardio Workout <b>WR</b>  <b>2:00</b> Card Game: Spoons <b>Bistro</b>  <b>Wing Dinner and Pub night</b>  <b>4:30</b> <b>Chicken Wing Dinner GA (Sign Up)</b>  <b>5:30</b> <b>Toonie Tuesday Pub Night with Tom Melady</b> <b>GA</b></p>	<p><b>13</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Chair Yoga <b>SR</b>  <b>10:00</b> Brain Teasers <b>ML</b>  <b>10:30</b> Outing to Schmidtsville in Wellesley <b>ML \$</b>  <b>1:30</b> DROM FIT <b>RR</b>  <b>2:30</b> Travelogue: Italy <b>SR</b>  <b>7:00</b> Bingo <b>DR</b>  <small>Flag Day (US)</small></p>	<p><b>14</b>  <b>9:30</b> Stay Fit Seated <b>WR</b>  <b>10:00</b> Bible Study <b>SR</b>  <b>10:00-2:00</b> Katie's Jewellery <b>ML</b>  <b>10:15</b> Billiards and Coffee  <b>Billiards RM</b>  <b>1:30-3</b> Creative Corner <b>SR</b>  <b>2:00</b> Sundae Funday Ice Cream Social! <b>DR</b>  <b>6:30</b> Euchre (All Welcome) <b>RR</b></p>	<p><b>15</b>  <b>9:00</b> Self-led Exercise Class <b>WR</b><sup>16</sup>  <b>9:00</b> National Fudge Day: Fudge Tasting and Coffee <b>Bistro</b>  <b>11:30</b> <b>Plaid for Dad BBQ</b> <b>DR</b>  <b>1:30</b> Line Dancing <b>GA</b></p>	<p><b>1:00 – 3:30</b> <b>Saturday Showcase</b> <b>GA</b>  Please see poster for more details  <b>6:30</b> Euchre (All Welcome!) <b>RR</b><sup>17</sup></p>	
<p><b>11:30</b> <b>Father's Day Lunch!</b> <b>DR</b>  <small>Father's Day</small></p>	<p><b>18</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Chair Yoga <b>SR</b>  <b>10:00</b> Sing along with Kim <b>GR</b>  <b>10:30</b> DROM FIT <b>GA</b>  <b>1:30</b> Crokinole <b>RR</b>  <b>1:30</b> Cribbage <b>Billiards Rm</b>  <b>3:00</b> Afternoon Coffee <b>Patio</b>  <small>Juneteenth</small></p>	<p><b>19</b>  <b>9:00</b> Cardio Workout <b>WR</b>  <b>10:00</b> Farewell Spring: Goal Setting for summer! <b>GR</b>  <b>2:00</b> Music Entertainment with Kevin Coates <b>GA</b>  <b>3:00</b> 7-up Card Game <b>Bistro</b>  <b>6:30</b> Euchre (All Welcome!) <b>RR</b></p>	<p><b>20</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Qi Gong Mindful Movement <b>SR</b>  <b>10:00</b> Brain Teasers <b>ML</b>  <b>1:30</b> DROM FIT <b>GA</b>  <b>2:00</b> Summer Solstice Patio Party! Strawberry Daiquiri's \$ <b>Patio</b>  <b>7:00</b> Bingo <b>DR</b>  <small>Summer Begins</small></p>	<p><b>21</b>  <b>8:30</b> <b>Breakfast \$ Sign Up</b> <b>22</b>  <b>9:30</b> Stay Fit Seated <b>WR</b>  <b>10:00</b> Bible Study <b>SR</b>  <b>10:15</b> Billiards and Coffee  <b>Billiards RM</b>  <b>1:30</b> <b>Worship Service with Rev. Jeff Lausten,</b> Zion Lutheran Church <b>GA</b>  <b>3:00</b> Ladies Tea <b>RR</b>  <b>6:30</b> Euchre (All Welcome!) <b>RR</b></p>	<p><b>22</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Hymn Sing <b>GR</b>  <b>10:00</b> Manicures <b>SR</b>  <b>11:20</b> Outing to the Army and Navy \$ (Independent +Sign Up Required)  <b>1:30-3</b> Creative Corner <b>SR</b>  <b>1:30</b> Line Dancing <b>GA</b></p>	<p><b>6:30</b> Euchre (All Welcome!) <b>RR</b><sup>24</sup></p>
<p><b>LEGEND:</b>  <b>RR</b>- Rose Room  <b>WR</b>- Wellness Room  <b>SR</b>- Spruce Room  <b>DR</b>- Dining Room  <b>GR</b>- Green Room  <b>LIB</b>- Library  <b>GA</b>- Griffith Aud.</p>	<p><b>25</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Chair Yoga <b>SR</b>  <b>10:00</b> Sing along with Kim <b>GR</b>  <b>10:30</b> DROM FIT <b>GA</b>  <b>1:30</b> Crokinole <b>RR</b>  <b>1:30</b> Cribbage <b>Billiards Rm</b>  <b>3:00</b> Card Game: Spoons <b>Bistro</b></p>	<p><b>26</b>  <b>9:00</b> Cardio Workout <b>WR</b>  <b>10:00</b> Nature Walk: Old Grove/ St. John's Woods meet in Main Lobby  <b>2:00</b> June Birthday Party <b>DR</b>  <b>6:30</b> Euchre (All Welcome!) <b>RR</b></p>	<p><b>27</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Hulling Strawberries <b>SR</b>  <b>1:30</b> DROM FIT <b>RR</b>  <b>2:00</b> Outdoor Strawberry Social and Open Mic! \$ <b>Woodland Towers Entrance</b>  <b>7:00</b> Bingo <b>DR</b></p>	<p><b>28</b>  <b>9:30</b> Stay Fit Seated <b>WR</b>  <b>10:00</b> Bible Study <b>SR</b>  <b>10 – 2:30</b> <b>Creative Corner Craft Sale \$ ML</b>  <b>10:15</b> Billiards and Coffee  <b>Billiards RM</b>  <b>12:00</b> Ladies Lunch <b>WR \$</b>  <b>2:00</b> Movie Matinee: "Finding You." <b>GA</b>  <b>6:30</b> Euchre (All Welcome) <b>RR</b></p>	<p><b>29</b>  <b>9:00</b> Exercise Class <b>WR</b>  <b>10:00</b> Cycle Fun and Fitness <b>WR</b>  <b>10:00</b> Hymn Sing <b>GR</b>  <b>11:40</b> Shopping Trip to the Stratford Mall \$  <b>1:30</b> Line Dancing <b>GA</b>  <b>2:30</b> Sing a long with Karen on the Patio</p>	<p><b>6:30</b> Euchre (All Welcome!) <b>RR</b><sup>30</sup></p>