

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday











Saturday

November 2019

Spruce Lodge



1. Swimming is Wednesdays At 10:00am.
 2. Bingo Thursday night's, 7-8 in Woodland Towers Dining Room. If interested in going contact Activity Staff.

<p>Clocks Go Back 1 Hour  3</p> <p>2:00 Guess that Tune Game 3:00 S.L. Café & Pub 7:00 Hymn Sing with Bethel Church <small>Daylight Saving Time Ends</small></p>	<p>9:30 Tea & Talk 4 10:15 Manicure Mondays 10:00 Tone Chime Group 11:30 Lady's Music 2:00 Bingo (LR) 3:45 Music & Mindfulness' 3:00 S.L. Café & Pub 3:30 Campbell Family</p>	<p>10:00 Fun and Fitness 5 11:15 New Comer's Group 2:00 Baking Dog Biscuits 2:00 Travelling Root Beer Floats Treat Cart 3:00 S.L. Café & Pub 7:00 Violas Tribute Band</p>	<p>10:00 Word Games 6 10:30 Band Practice 11:45 XmasMus.Practice 1:30 Bowling Fun (LR) 3:00 Music with Udo and Stephanie 4:20-6:20 Demetre's</p>	<p>10:30 Art Class (ALC) 7 11:00 Church Service 1:30 Adv.Exercise.CH 2:00 Indoor Gardening 2:15 Bingo (LR) 3:00 S.L. Café & Pub</p>	<p>10:00 Christian School Kids Visit/Grades 3&4 1 2:00 Hymn Sing with Gladys and Karen 3:00 S.L. Café & Pub</p>	<p>10:00 Meditation Group Chapel 2 2:00 Bingo(LR) 3:00 S.L. Café & Pub</p>
<p>10:00 T.V. Church 10 10:30 Musicians and Their Music 1:40 Tim Horton's Outing 7:00 Hymn Sing with Jubilee Church</p>	<p>10:45 Remembrance Day Service 11  2:00 Bingo (LR) 3:00 S.L. Café & Pub 3:45 Music & Mindfulness 3:30 Campbell Family <small>Remembrance Day (Canada)</small></p>	<p>10:00 Fun and Fitness 12 2:00 Kountry Korners (LR) 3:00 S.L. Café & Pub 6:30-7:30 Visit with the Brownies </p>	<p>10:00 Scrapbooking 13 10:30 RC Communion 11:15 LCC Communion 10:30 Band Practice 11:45 XmasMus.Practice 2:00 "The Chapel Room Band" Covers 'The Lumineers' Performance</p>	<p>9:40 Shopping Trip 14 11:00 Church Service 1:30 Adv.Exercise.CH 2:15 Bingo (LR) 3:00 S.L. Café & Pub 6:15 Movie Night Fun </p>	<p>10:00 Meditation Group - Chapel 15 11:15 News and Events-Café 1:30 Curiosity Case Program 3:00 S.L. Café & Pub</p>	<p>Winter Market and Gift Show 9am-2pm 9 </p>
<p>10:00 T.V. Church 17 10:30 Travelling Manicure Cart  2:00 November Word Games (ALC) 3:00 S.L. Café & Pub</p>	<p>9:30 Tea & Talk 18 10:00 Tone Chime Group 11:30 Lady's Music 2:00 Sun.Mon Birthday Party with Dan the Country Man 3:45 Music & Mindfulness 3:30 Campbell Family</p>	<p>10:00 Fun and Fitness 19 11:15 New Comer's Group 2:00 Spelling Bee (ALC) 3:00 S.L. Café & Pub 6:15 Movie Night Fun "A Dog's Purpose" </p>	<p>10:30 Facial Spa Morning (ALC) 20  10:30 Band Practice 11:45 Xmas Musical Practice 2:00 Friendly Visits 2:30 Gentle Giant Dogs 3:00 S.L. Café & Pub</p>	<p>10:30 Art Class (ALC) 21 11:00 Church Service 1:30 Adv.Exercise.CH 2:00 Indoor Gardening 2:30 Music with Stephanie 3:00 S.L. Café & Pub</p>	<p>10:00 Christian School Kids Visit/Grades 3&4 22 2:00 Friendly Visits 3:00 S.L. Café & Pub</p>	<p>10:00 Meditation Group Chapel 23 2:00 Bingo(LR) 3:00 S.L. Café & Pub</p>
<p>10:00 T.V. Church 24 10:30 Board/Card Games 1:40 Country Bus Tour</p>	<p>9:30 Tea & Talk 25 10:15 Manicure Mondays 10:00 Tone Chime Group 11:30 Lady's Music 2:00 Bingo (LR) 3:00 S.L. Café & Pub 3:45 Music & Mindfulness 3:30 Campbell Family</p>	<p>10:00 Fun and Fitness 26 11:15 New Comer's Group 2:00 Christmas Glamour Shots (LR)  3:00 S.L. Café & Pub</p>	<p>10:00 Indoor Gardening 27 10:30 Band Practice 11:45 Xmas Musical Practice 2:00 Christmas Penny Auction Game  3:00 S.L. Café & Pub</p>	<p>10:30 Art Class (ALC) 28 11:00 Church Service 1:30 Adv.Exercise.CH 2:15 Bingo (LR) 2:00 Friendly Strolls 3:00 S.L. Café & Pub 7:00 The Just for Fun Band <small>Thanksgiving Day (US)</small></p>	<p>10:30 Manicure Cart 29 2:00 News and Trivia with Karen 3:00 S.L. Café & Pub</p>	<p>10:00 Tea and Trivia 30 2:00 Bingo(LR) 3:00 S.L. Café & Pub</p>