

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**\*\*Flu Clinic Dates to be announced\*\***

# October 2019

## Woodland Towers and Hamlet Estates Activities

**\*\*No Coffee Hour\*\***  
10AM – 11AM: 50/50 tickets **ML**  
10:30am-Stay Fit- **AR**  
1:30 Balance Class-**AR**  
3 PM Social Hour **Bistro**  
6:30pm – Uno **DR**  
7PM – Viola`s Tribute Band **SL**

8:45am – Coffee Hour **Bistro**  
10:15am-Gentle Group Ex. **AR**  
11am BP Clinic **Janine's Office**  
1PM – Hand waxing **ML**  
1:15am – Scotia Bank **QR**  
2PM – MONTHLY SIGN-UP'S **ML**  
6:30pm Euchre- **DR**  
6:30PM – Art Night **AR**

**\*\*No Coffee Hour\*\***  
10:00am- Bible Study **AR**  
10:15am -Combined Fitness **Conference Room #1**  
1:30pm- Balance Fitness **Class AR**  
7PM – Bingo **DR**  
  
*Kim at Training*

**\*\*No Coffee Hour\*\***  
10:30am-Stay Fit **AR**  
1:30 Paper shredding with Emily **ML**  
2PM – Friday Tunes: **Jam Session DR\*\***  
  
*Kim off*

10:30am – Old Tyme Sing<sup>5</sup>  
Along with Karen **SL**  
3:00 Café and Pub **SL**



10:00am TV Church Service **6**  
**SL**  
3:00 S.L. Café & Pub **SL**



8:45am – Coffee Hour **Bistro**  
10:15am-Gentle Group Ex. **GA**  
1PM – Hand waxing **ML**  
1:30 WT Singers **AR**  
1:30 -Combined Fitness **GA**  
3 PM Crokinole **RR**  
6:30PM – Cribbage **RR**

10AM – 11AM: 50/50 tickets **ML**  
10:30am-Stay Fit- **GA**  
1:30 Balance Class-**AR**  
2PM – Oktoberfest Bash with **Peter Bauman! GA**  
  
7PM – German Teutonia **Choir Performance GA**  
**Oktoberfest Day!**  
*Wear yellow, red and black*

8:45am – Coffee Hour **Bistro**  
10am – Credit Union Bank **QR**  
10:15am-Gentle Group Ex. **GA**  
11:30pm – Oktoberfest **Sausage BBQ DR**  
1PM – Hand waxing **ML**  
1:30 – Men's Strength **AR**  
6:30pm Euchre- **DR**  
Janine is away until Oct. 15

**\*\*No Coffee Hour\*\***  
10:00am- Bible Study **AR**  
10:15am -Combined Fitness **GA**  
1:30pm- Balance Fitness **Class GA**  
3PM – Music with Udo and **Stephanie SL**  
7PM – Bingo **DR**  
  
*Kim off*

8:45am Coffee Hour **Bistro**  
10:30am-Stay Fit **GA**  
1:30 Paper shredding with Emily **ML**  
2PM – Friends with Music Band **SL**  
2PM – Friday Tunes: **Jam Session GA**  
2:30 Hamlet Tea **RT**  
3 PM Social Hour **GA**

2PM – Coffee House and **Open Mic – Community**  
**Gathering. All welcome! \*Feel**  
**free to bring a song, story,**  
**joke or special item to**  
**share ☺\*\*DR**

3:00 Café and Pub **SL**  
6:30pm Euchre-**DR**

10:00am TV Church Service **13**  
**SL**



14  
**HAPPY THANKS GIVING**  
  
Thanksgiving Day (Canada)  
Sukkot

8:45am Coffee Hour **Bistro**  
10AM – 11AM: 50/50 tickets **ML**  
**\*\*No Exercise Classes\*\***  
2PM – Book Talk with **Dian Lions: "The 13<sup>th</sup>**  
**Configuration" GA**  
3 PM Social Hour **Bistro**  
6:30pm – Uno **DR**

8:45am – Coffee Hour **Bistro**  
10:15am-Gentle Group Ex. **GA**  
1PM – Hand waxing **ML**  
1:15am – Scotia Bank **QR**  
1:30 – Men's Strength **AR**  
6:30pm Euchre- **DR**  
6:30PM – Art Night **AR**

**\*\*No Coffee Hour\*\***  
10:00am- Bible Study **AR**  
**\*\*No Fitness Classes today\*\***  
2:30PM Music with Stephanie **SL**  
7PM – Joel Horvath **SL**  
7PM – Bingo **DR**  
  
*Kim at Training*

8:45am Coffee Hour **Bistro**  
**\*\*No Stay Fit\*\***  
11am- Army and Navy: **Lunch Outing ML**  
1:30 Paper shredding with Emily **ML**  
2PM – Friday Tunes: **Jam Session GA**  
  
2PM - Hymn Sing with Gladys **and Karen SL**  
3 PM Social Hour **GA**

19  
  
3:00 Café and Pub **SL**  
6:30pm Euchre-**DR**

10:00am TV Church Service **20**  
**SL**  
3:00 S.L. Café & Pub **SL**



**\*\*No Coffee Hour\*\***  
21  
**Kim in Mandatory Training**  
10:15am-Gentle Group Ex. **AR**  
1PM – Hand waxing **ML**  
1:30 WT Singers **RR**  
1:30 -Combined Fitness **AR**  
2PM – Sun. Mon Birthday Party **with Conn Smythe SL**  
3 PM Crokinole **RR**  
6:30PM – Cribbage **RR**  
7PM Parkview Praise Band **SL**

8:45am Coffee Hour **Bistro**  
10AM – 11AM: 50/50 tickets **ML**  
10:30am-Stay Fit- **AR**  
1:30 Balance Class-**AR**  
2PM – Decorating for **Halloween Main Entrance**  
6:30pm – Uno **DR**

8:45am – Coffee Hour **Bistro**  
10am – Credit Union Bank **QR**  
Mini Market **9am-12:30pm** in the **Griffith Auditorium Entrance**  
10:15am-Gentle Group Ex. **AR**  
1:30 – Men's Strength **AR**  
6:30pm Euchre- **DR**

**\*\*No Coffee Hour\*\***  
24  
10:00am- Bible Study **AR**  
10:15am -Combined Fitness **GA**  
1:30pm- Balance Fitness **Class GA**  
7PM **The Crossgrain Band and Pub Night GA**  
7PM – Bingo **DR**

8:45am Breakfast Café **DR**  
10:30am-Stay Fit **AR**  
1:30 Paper shredding with Emily **ML**  
2PM – Friday Tunes: **Jam Session GA**  
2PM - Music with Daisy **and Anna SL**  
2:30 Hamlet Tea **RT**  
3 PM Social Hour **GA**

26  
  
3:00 Café and Pub **SL**  
6:30pm Euchre-**DR**

10:00am TV Church Service **27**  
**SL**  
3:00 S.L. Café & Pub **SL**



**\*\*No Coffee Hour\*\***  
28  
10:15am-Gentle Group Ex. **GA**  
1PM – Hand waxing **ML**  
1:30 WT Singers **AR**  
1:30 -Combined Fitness **GA**  
3 PM Crokinole **RR**  
6:30PM – Cribbage **RR**  
7PM – Iglesia Church **Performance (Spanish/**  
**English) GA All Welcome!**

8:45am Coffee Hour **Bistro**  
29  
10am – Halloween Candy Bag **Prep Bistro**  
10AM – 11AM: 50/50 tickets **ML**  
10:30am-Stay Fit- **GA**  
1:30 Balance Class-**GA**  
2PM Pumpkin Carving **Bistro**  
6:30pm – Uno **DR**

8:45am – Coffee Hour **Bistro**  
30  
10:15am-Gentle Group Ex. **GA**  
1:15am – Scotia Bank **QR**  
1:30 – Men's Strength **AR**  
2PM – October Birthday Party **with "Caroline and Tom" GA**  
6:30pm Euchre- **DR**  
6:30PM – Art Night **AR**

10:15am -Combined Fitness **GA**  
31  
10:00am- Bible Study **AR**  
1:30pm- Balance Fitness **Class GA**  
2pm - Halloween Costume **Bash DR**  
  
5PM – 8PM Halloween Open **House/ Handing out**  
**Halloween Candy**  
**Front Entrance**

**\*\* If you would like to donate candy, or money**  
**to purchase candy for our Trick-or-treaters this**  
**year, please let Kim know☺. We had approx.**  
**300 kids at our Halloween Open House**  
**last year!**



**Your Activity Coordinator is Kim Luckhardt. 519-271-4090 x 2230 or [WTActivities@sprucelodge.on.ca](mailto:WTActivities@sprucelodge.on.ca)**

## Spruce Lodge Entertainment Spruce Lodge Living Room

Tuesday, 1<sup>st</sup> = Viola's Tribute Band 7PM  
 Sat. 5<sup>th</sup> = Old Tyme Sing a Long w. Karen 10:30am  
 Tuesday, 8<sup>th</sup> = Kountry Korner 2PM  
 Thurs. 10<sup>th</sup> = Music with Steph and Udo 3PM  
 Friday 11<sup>th</sup> = Friends with Music 2PM  
 Thurs. 17<sup>th</sup> = Music with Stephanie 2:30PM  
 Thurs. 17<sup>th</sup> = Joel Horvath 7pm  
 Friday. 18<sup>th</sup> = Hymn Sing w. Gladys + Karen 2PM  
 Monday, 21<sup>st</sup> = Sun. Mon. with Conn Smythe 2PM  
 Tuesday, 22<sup>nd</sup> = Music with Karen Rempel 10AM  
 Thursday, 24<sup>th</sup> = The Just for Fun Band 7PM  
 Friday, 25<sup>th</sup> = Music with Daisy and Anna 2PM  
 Thursday, 31<sup>st</sup> = Halloween with Walter Lonc 2PM

### Store Hours:

#### Mondays

9:30am-11am

(Closed on Monday, Oct. 14<sup>th</sup>  
for Thanksgiving)

#### Wednesdays

1:30pm – 3pm

(Not open on October 30<sup>th</sup>)

#### Fridays

9:30am -11am

### Credit Union-QR

Wednesday, August 14<sup>th</sup> and  
28<sup>th</sup> at 10AM in the **QR**

### Scotia Bank-QR

Wednesday, September 4<sup>th</sup>  
and 18<sup>th</sup> from 1:15pm to  
2:15pm in the **QR**

### Blood Pressure Clinic

Wednesday, October 2<sup>nd</sup>

at 11AM in

Janine's Office

### Program Area Codes:

**AR** - Activity Room

**B** - Bistro

**SL** - Spruce Lodge

**GA** - Griffith Auditorium

**RT** - Rotunda –Hamlet  
Estates

**DR** - Dining Room

**FL** - Front Lobby

**RR** - Rose Room

**QR** – Quilting Room

**ML** – Main Lobby

The October Birthday Party is on **Wednesday, October 30<sup>th</sup> at 2pm** in the **Griffith Auditorium**. Come and join us for cake and ice cream, coffee and tea, and Special Music with "Tom and Caroline"

Mary's Mini Market and Diana's Bakery will be here on **Wednesday, October 23<sup>rd</sup> from 9am to 12:30pm** in **the Griffith Auditorium Entrance Way**

### Monthly Sign-up's!

Our Monthly Sign-up session will take place on **Wednesday, October 2<sup>nd</sup> at 2PM** in the **Dining Room**. Come on out, and sign-up for the following programs: Outing to Army and Navy, and Breakfast Café! Sign-up directly, pay in advance, and reserve your seat! These sign-ups are for Woodland Towers and Hamlet Estates Residents. **First Come – First Serve.**



### Octoberfest Bash with Peter Bauman!

Join us for a Bavarian Blast on **Tuesday, October 8<sup>th</sup> at 2PM** in the **Griffith Auditorium!** Bring your friends, and join us for a toe tapping good time! Get ready to roll out the barrel, and bring your dancing shoes! There will be a cash bar available and lots of snacks! All are welcome! Wear your lederhosen and Dirndl's, or wear yellow/red/ black!

### The Stratford Teutonia German Choir

On **Tuesday, October 8<sup>th</sup>**, we will be enjoying special music from the Stratford Teutonia German Choir. Come on out to the **Griffith Auditorium** for **7pm** to hear this beautiful choir. You will certainly enjoy their special performance. All are welcome, and there will be a cash bar available as well!

### Book Talk with Dian Lions

Come and join us for a **book talk** presented to us by Dian Lions, author of "The 13<sup>th</sup> Configuration". This book is about growing up in Stratford and area – come and hear all about it in the **Griffith Auditorium**, on **Tuesday, October 15<sup>th</sup> at 2pm**

### Lunch Outing to the Army and Navy

Be sure to sign-up at the sign-up session on Wednesday, October 2<sup>nd</sup>, if you would like to be a part of our bus outing to the Army and Navy for lunch on Friday, October 18<sup>th</sup>. The meal costs \$9, and the bus is \$5.50. You can pay for your bus and meal as the sign-up program at the date and time listed above. Cost is \$14.50.

### The Crossgrain Band Entertainment and Pub

Come on over to the Griffith Auditorium on Thursday, October 24<sup>th</sup> at 7pm for some special music from the newly formed Crossgrain Band!

They play a variety of tunes for all to enjoy! There will be a cash bar and munchies! All are welcome for some fun!

### Iglesia Church Spanish Performance

Come and learn about Mexican and Columbian Culture. Enjoy special food, music, stories and more from the Iglesia Church which our PSW Nuvia attends! We hope to have you join us in fellowship at **7PM** in the **Griffith Auditorium on Monday, October 28<sup>th</sup>.**



### HALLOWEEN MOVIE MATINEE

Our Halloween Movie Matinee will be held in the Griffith Auditorium on Wednesday, October 23<sup>rd</sup> at 2PM. The movie is "The Addams Family"

Come on out for some complimentary popcorn!

Pop is \$1.

See the movie on our big screen ☺

### HALLOWEEN CANDY BAG PREP

Tuesday, October 29<sup>th</sup> at 10am in the Main Lobby

### PUMPKIN CARVING

Tuesday, October 29<sup>th</sup> at 2PM in the Bistro

### HALLOWEEN COSTUME BASH

Thursday, October 31<sup>st</sup> at 2PM

### HALLOWEEN OPEN HOUSE/ HANDING OUT CANDY

Thursday, October 31<sup>st</sup> from 5PM – 8PM

The **Breakfast Café** this month is on **Friday, October 25<sup>th</sup> at 8:45am** in the **Dining Room**. It costs \$6, and the menu is French Toast, Sausage, Fruit Salad and coffee/tea!