

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday












Saturday



# August 2019



## Spruce Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Katie working</b> 4 <b>12:30-8:30</b> 1:00 Outdoor Strolls and Friendly Visits 2:00 Word Games in the main courtyard 3:00 S.L. Café &amp; Pub <b>6:15 Movie Night (LR)</b></p>	<p><b>Civic Stat Holiday</b> 5</p> 	<p>10:30 6 Fun and Fitness (ALC) 2:00 Traveling Ice Cream  Sunday Cart 3:00 S.L. Café &amp; Pub</p>	<p>10:30 Scrapbooking 7 <b>12:30 Pork Chop BBQ</b> 2:00 Cooking Class with Judy (Café Area) 2:30 Gentle Giants (LR) 3:00 S.L. Café &amp; Pub <b>6:45 Stratford Police Pipe Band</b></p>	<p>10:00 Friendly Visits 1 10:30 Art Class (ALC) 1:30 Adv.Exercise.CH 2:00 Bingo (LR) 2:00 Outdoor Strolls 3:00 S.L. Café &amp; Pub</p>	<p>10:30 Outdoor Strolls &amp; Gardening 2 <b>10:00 Tone Chime Group</b> <b>10:20-1:30 Barge Music/ Picnic Outing</b> 2:00 Beach Volley Ball Game 3:00 S.L. Café &amp; Pub</p>	<p>10:00 Trivia Time with Karen 3 11:15 Adult Colouring with Megan 2:00 Bingo(LR) 3:00 S.L. Café &amp; Pub</p>
<p>10:00 T.V. Church 11 10:00 Outdoor Strolls <b>1:40 Country Bus Tour</b> 3:00 S.L. Café &amp; Pub</p>	<p>9:30 Tea &amp; Talk 12 <b>10:00 Lady's Music</b> 2:00 Bingo (LR) 2:00 Traveling Root Beer Floats  3:00 S.L. Café &amp; Pub 3:30 Visits with the Campbell Family (LR)</p>	<p>10:30 13 Fun and Fitness (ALC) <b>2:00 Kountry Korners (LR)</b> 2:00 Friendly Visits 3:00 S.L. Café &amp; Pub</p>	<p>10:00 Baking Fun 14 <b>10:30 RC Communion</b> <b>2:00 Music with Shakey and Jamie</b> 3:00 S.L. Café &amp; Pub 4:15 Reading Circle in the main courtyard</p>	<p><b>9:40 Shopping Trip/ Wal-Mart</b> 15 1:30 Adv.Exercise.CH 2:00 Bingo (LR) 2:00 Outdoor Strolls 3:00 S.L. Café &amp; Pub <b>6:15 Movie Night Fun</b></p> 	<p>10:30 Outdoor Strolls &amp; Gardening 16 <b>10:00 Tone Chime Group</b> <b>11:30 Men's Music</b> 2:00 Fishing Fun Game in the Court Yard 3:00 S.L. Café &amp; Pub</p>	<p>10:00 Tea &amp; Trivia 17 2:00 Bingo(LR) 3:00 S.L. Café &amp; Pub</p>
<p>10:00 T.V. Church 18 10:00 Outdoor Strolls <b>1:40 Tim Horton's Outing</b> 3:00 S.L. Café &amp; Pub</p>	<p>9:30 Tea &amp; Talk 19 <b>10:00 Lady's Music</b> <b>11:30 Poetry &amp; Music</b> <b>2:00 Sun.Mon Birthday Party with Conn Smythe</b> 3:30 Visits with the Campbell Family (LR)</p>	<p>10:30 20 Fun and Fitness (ALC) <b>1:30-3:00 Country Hoedown Afternoon – S.L. Front Parking lot</b></p> 	<p>10:30 Word Games 21 2:00 Bowling Fun (LR)  3:00 S.L. Café &amp; Pub <b>5:20-8:20 Concert/Supper in The Park</b></p> 	<p>10:30 Art Class (ALC) 22 1:30 Adv.Exercise.CH 2:00 Bingo (LR) 2:00 Outdoor Strolls 3:00 S.L. Café &amp; Pub <b>7:00 The Just for Fun Band</b></p>	<p>10:30 Outdoor Strolls &amp; Gardening 23 <b>10:00 Tone Chime Group</b> 2:00 Reminiscing Group 3:00 S.L. Café &amp; Pub</p>	<p>10:00 Manicures and Visits 24 2:00 Bingo(LR) 3:00 S.L. Café &amp; Pub</p>
<p>10:00 T.V. Church 25 10:30 Word Games in the courtyard 2:00 Pine Cone Summer Craft (ALC) 3:00 S.L. Café &amp; Pub</p> 	<p>10:00 Gardening 26 <b>10:00 Lady's Music</b> <b>11:30 Poetry &amp; Music</b> 2:00 Bingo (LR) 3:00 S.L. Café &amp; Pub 3:30 Visits with the Campbell Family (LR)</p>	<p><b>10:00 Music with Karen Rempel (LR)</b> 27 2:00 Make up &amp; Glamour Shots (LR)  3:00 S.L. Café &amp; Pub <b>5:00p.m. B.L.T. Sign-Up Supper</b></p>	<p>10:30 Outdoor Strolls 28 <b>2:00 GO Kids camp Visit</b> <b>Outdoor games in the court yard</b> <b>2:00 Resident Council Meeting Chapel</b> 3:00 S.L. Café &amp; Pub</p>	<p>10:30 Art Class (ALC) 29 1:30 Adv.Exercise.CH <b>2:00 Camp Fire on the Labyrinth</b>  3:00 S.L. Café &amp; Pub</p>	<p>10:30 Outdoor Strolls &amp; Gardening 30 <b>10:00 Tone Chime Group</b> <b>11:30 Men's Music</b> <b>2:00 Friends with Music Band</b> 3:00 S.L. Café &amp; Pub</p>	<p>10:00 Manicures 31 2:00 Bingo(LR) 3:00 S.L. Café &amp; Pub</p>

