

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2018

Woodland Towers and Hamlet Estates Activities

10:00am TV Church Service **SL**
6:30pm UNO **DR**
7PM- Hymn Sing with Bethel Church **SL**




SPRING

10:00am TV Church Service **SL**
2PM – Music with Caroline and Tom **SL**
7PM- Hymn Sing with Jubilee Church **SL**

This week Write a Thank-you card to the Stratford Police Service in Recognition of Stratford Police Service Week

Mother's Day

10:00am TV Church Service **SL**
6:30pm UNO **DR**
7PM- Hymn Sing with The Stewarts



First Day of Shavuot

10:00am TV Church Service **SL**
6:30pm UNO **DR**
7PM- Hymn Sing with Carla Pol and Friends **SL**



Memorial Day

8:45 am-Coffee Hour- **Bistro** **7**
10:15am-Mid-level Fitness **GA**
1 PM-Hand Waxing- **ML**
1:30 WT Singers **AR**
1:30 -Strength Fitness **GA**
2PM – Music with Shakey and Jamie **SL**
3 PM Crokinole **RR**
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

****No Coffee Hour**** **14**
10:15am-Mid-level Fitness **GA**
1:30 WT Singers **RR**
1:30 -Strength Fitness **AR**
2PM – Sun. Mon with Bob Seebach **SL**
3 PM Crokinole **RR**
5PM After Mother's Day Dinner Show with the Stiff Family Bluegrass Gospel Band **GA**



Happy Victoria Day

8:45 am-Coffee Hour- **Bistro** **28**
10:15am-Mid-level Fitness **GA**
1 PM-Hand Waxing- **ML**
1:30 WT Singers **AR**
1:30 -Strength Fitness **GA**
2PM – Resident's Council **AR**
3 PM Crokinole **RR**
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

8:45 am-Coffee Hour-**Bistro** **8**
10AM – 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- **GA**
1:30 pm Scrabble- **DR**
1:30 Balance Class- **GA**
2PM – Kountry Korner's Band **SL**
3 PM Social Hour **AR**


May Day

8:45 am-Coffee Hour-**Bistro** **15**
10AM – 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- **GA**
1:30 pm Scrabble- **DR**
1:30 Balance Class- **GA**
3 PM Social Hour **AR**




8:45 am-Coffee Hour-**Bistro** **22**
10AM – 11AM: 50/50 tickets **ML**
10:30am - Lunch at the Sunset Diner and visit to the War Medicine Exhibit, St. Marys
10:30am-Stay Fit- **GA**
1:30 pm Scrabble- **DR**
1:30 Balance Class- **GA**
2PM – Music with Conn Smythe **SL**

****No Coffee Hour**** **29**
9:20am – Outing to St. Mike's Secondary School **ML**
10AM – 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- **GA**
1:30 pm Scrabble- **DR**
1:30 Balance Class- **GA**
3 PM Social Hour **AR**



8:45 am-Coffee Hour-**Bistro** **9**
10AM- Credit Union **QR**
10:30am – RC Communion **SL**
11am – Blood Pressure Clinic
Janine's Office
11:15 LCC Communion **SL**
10:15am-Mid-Level Fitness **GA**
1 PM- Hand Waxing- **ML**
1:30 – Men's Strength **AR**
2PM – Mexico Travelogue **GA**
6:30pm Euchre- **DR**



****No Coffee Hour**** **16**
9:30am – Northwestern High School Band **SL**
10:15am-Mid-Level Fitness **AR**
1 PM- Hand Waxing- **ML**
1:30 – Men's Strength **AR**
2PM – Prayers w. Lorraine **SL**
2:30 – Planting with Pat **AR**
6:30pm Euchre- **DR**
Kim Away today

First Day of Ramadan

8:45 am-Coffee Hour-**B** **23**
Mini Market 9am-12:30pm in the **WT lobby**
10AM- Credit Union **QR**
10:15am-Mid-Level Fitness **GA**
1 PM- Hand Waxing- **ML**
2PM – The History of Hats with Lynn Wilcox **SL**
1:30 – Men's Strength **AR**
6:30pm Euchre- **DR**

8:45 am-Coffee Hour-**Bistro** **30**
10:15am-Mid-Level Fitness **GA**
1:30 – Men's Strength **AR**
2PM – Birthday Party with Wyatt Ladd **GA**
6:30pm Euchre- **DR**
6:30PM – Young at Heart Video Dance **GA**

****No Coffee Hour**** **10**
10:00am- Bible Study **AR**
10AM – 11AM: 50/50 tickets **ML**
10:15 am- Strength Fitness **GA**
11am – Communion Service/ Lutheran **SL**
1:30pm- Balance Fitness Class **GA**
2 PM Cards & Games **RT**
7 PM Bingo **DR**
Kim away
Happy Birthday Volunteer Pat!

8:45 am **Royal Wedding Breakfast** **DR** **17**
10:00am- Bible Study **AR**
10AM – 11AM: 50/50 tickets **ML**
11am – Service/ Anglican **SL**
10:15 am- Strength Fitness **GA**
1:30pm- Balance Fitness Class **AR**
2PM – Movie Matinee: Mama Mia **GA**
2 PM Cards & Games **RT**
7 PM Bingo **DR**

8:45 am-Coffee Hour- **Bistro** **24**
10:00am- Bible Study **AR**
10AM – 11AM: 50/50 tickets **ML**
10:15 am- Strength Fitness **GA**
11am – St. Andrews Presbyterian Service **SL**
1:30pm- Balance Fitness Class **GA**
2 PM Cards & Games **RT**
7 PM Bingo **DR**
Kim Away


8:45 am-Coffee Hour- **Bistro** **31**
10:00am- Bible Study **AR**
10AM – 11AM: 50/50 tickets **ML**
10:15 am- Strength Fitness **GA**
1:30pm- Balance Fitness Class **GA**
2 PM Cards & Games **RT**
7 PM Bingo **DR**
7PM Just for Fun Band **SL**

****No Coffee Hour**** **11**
10:30am-Stay Fit **GA**
10:00am Tai Chi **SL Alcove**
Kim Away



8:45 am-Coffee Hour- **Bistro** **18**
10:30am-Stay Fit **GA**
10:00am Tai Chi **SL Alcove**
2PM Northern Reflections Spring Fashion Show and Trunk Sale! **GA**
3 PM Social Hour **AR**

8:45 am-Coffee Hour- **Bistro** **25**
10:30am-Stay Fit **GA**
10:00am Tai Chi **SL Alcove**
2PM – Learn About the Labyrinth with Leslie **GA**
3 PM Social Hour **AR**



****Please note that Scotia Bank will not be in this month****

~Mark your calendars for our 4th Annual Car Show on Tuesday, June 19th from 5pm – 8pm! Show will be held in the rear parking lots of Woodland Towers!~

9AM – 2PM **12**
Spring Market and Gift Show!
Spruce Lodge Auditorium (Upper)
AND Woodland Towers Griffith Auditorium (Lower)!
3:00 Café and Pub **SL**
6:30pm Euchre **DR**

Cinco de Mayo



Prince Harry and Meghan's Wedding Day! **19**
3:00 Café and Pub **SL**
6:30pm Euchre **DR**



2PM – Coffee House and Open Mic **DR** **26**
3:00 Café and Pub **SL**
6:30pm Euchre **DR**

Your Activity Coordinator is Kim Luckhardt. 519-271-4090 x 2230 or WTActivities@sprucelodge.on.ca

Spruce Lodge Entertainment Spruce Lodge Living Room



Tuesday, 1st = Violas Tribute Band 7pm

Friday, 3rd = The Nic Scott Band 2PM

Monday, 7th = Music with Shakey and Jamie 2PM

Tuesday, 10th = Kountry Korner's Band 2PM

Thursday, 13th = Music with Caroline & Tom 2PM

Mon, 14th = Sun. Mon.w. Bob Seebach 2PM

Wed. 16th = Northwestern Band 9:30am

Thurs. 17th = Music with Stephanie 2:30PM

Tuesday, 22nd = Music with Conn Smythe 2PM

Thurs, 31st = The Just For Fun Band 7PM

Store Hours:

Mondays

9:30am-11am

Fridays

9:30am -11am

Credit Union-QR

Wednesday, May 9th
and 23rd 10 am in **QR**

Blood Pressure Clinic

Wed, May 9th at 11AM
in Janine's Office

Program Area Codes:

AR - Activity Room

SL - Spruce Lodge

GA - Griffith Auditorium

RT - Rotunda -Hamlet

Estates

DR - Dining Room

FL - Front Lobby

RR - Rose Room

QR - Quilting Room

ML - Main Lobby

Mini Market/ Bake Sale

Wednesday, May 23rd from
9am - 12:30pm in the ML



Nacho's and Karaoke

Join us for some Cinco de Mayo celebrations at **2pm** on **Saturday, May 5th**, in the **Griffith Auditorium**. Nachos will be served, along with Happy Hour beverages (Pop = \$1, Liquor = \$2 and Beer = \$3). Bring your friends – the more, the merrier!

Terrolyn's Spring Craft Show

Come check out Terrolyn's Craft Sale on **Saturday, May 5th from 2PM – 4PM** in the Woodland Towers **Main Lobby**. This will be a wonderful chance to purchase some new door decorations and spring décor!

Mexico Travelogue

As we are celebrating Cinco de Mayo this month, we are also going to enjoy a Travelogue to Mexico! On **Wednesday, May 9th at 2pm in the Griffith Auditorium**, fasten your seatbelts, and come along with us as we journey to the land of Fiesta's, Siesta's and Piñatas'!

Spring Holiday Market and Gift Show

It's finally that time of year again, to hear the birds chirping, watch the beautiful flowers begin to blossom, and to take part in our Annual Holiday Market and Gift Show! **On Saturday, May 12th from 9am to 2pm**, we will be hosting a Spring Gift Show, featuring dozens of vendors selling a variety of direct sales products. **Vendors will be located in both the Woodland Towers Griffith Auditorium and the Spruce Lodge Auditorium!**

Police Appreciation Week

May 13th to 19th is National Police Appreciation Week. We will be sending out special thank-you notes to the Stratford Police Service. If you wish to write a thank-you card or a thank-you note, you can drop them off to Kim's office. If you need a card, pay Kim a visit at her office to pick one up!

After Mother's Day Dinner Show and Entertainment by the Stiff Family!!

We have a special treat for you this year for Mother's Day! Get your tickets now for a delicious Turkey dinner (with all the trimmings!) followed by some Bluegrass Gospel Music from the Stiff Family Band. The event will be held at **5pm in the Griffith Auditorium on Monday, May 14th**. This is an evening that you do not want to miss! **Only \$15** for the whole evening 😊. **Tickets will be on sale Monday to Friday, from May 1st to 11th in the Main Lobby from 10am -11:30pm.** (Coffee and tea will be included).



Additional Program Descriptions will be located on attached insert

The April Birthday Party is on Wednesday, May 30th at 2pm in the Griffith Auditorium. Come and join us for cake and ice cream, coffee and tea, and Special Music from Wyatt Ladd!



Check out the following link, or pass it along to your family and friends, to view Activity Calendars, Information about our home, important announcements and More!:

<https://sprucelodge.on.ca/>

Please remember to check your Program Calendars regularly, as locations of Activity Programs and Exercise Classes may change **
See Program Area Codes Legend posted above