

Sunday

Monday

Tuesday

Wednesday

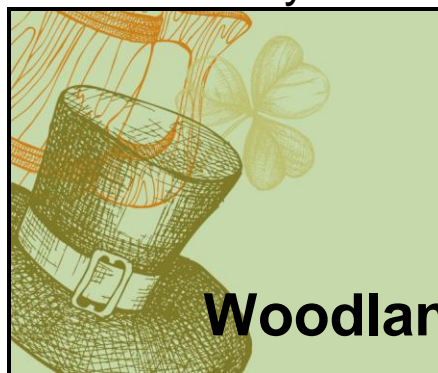
Thursday

Friday

Saturday

March 2018

Woodland Towers and Hamlet Estates Programs



10:00am TV Church Service **SL** 4
6:30pm UNO **DR**
7PM- Hymn Sing with Bethel Church **SL**



8:45 am-Coffee Hour- **Bistro** 5
10:15am-Mid-level Fitness **GA**
1 PM-Hand Waxing- **ML**
1:30 -Strength Fitness **GA**
3 PM Crokinole **RR**
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

8:45 am-Coffee Hour-**Bistro** 6
10AM – 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- **AR**
1:30 pm Scabble- **DR**
1:30 Balance Class- **AR**
3 PM Social Hour **AR**
7PM Viola's Tribute Band **SL**

8:45 am-Coffee Hour-**Bistro** 7
10:15am-Mid-Level Fitness **GA**
11am – Blood Pressure Clinic
Janine's Office
1 PM- Hand Waxing- **ML**
1:15 – Scotia Bank **QR**
1:30 – *NEW* Men's Strength **GA**
6:30pm Euchre- **DR**

****No Coffee Hour**** 1
10:00am- Bible Study **AR**
10AM – 11AM: 50/50 tickets **ML**
10:15 am- Strength Fitness **GA**
11am – Lutheran Communion **SL**
1:30pm- Balance Fitness Class **GA**
2 PM Cards & Games **RT**
7 PM Bingo **DR**
Kim Off

8:45 am-Coffee Hour- **Bistro** 2
10am -3pm –Geri Fashions **SL**
10:30am-Stay Fit **GA**
10:00am Tai Chi **SL Alcove**
2PM – My Senior Centre Information Session – Please attend! **GA**
2:30 Hamlet Tea **RT**
3 PM Social Hour **AR**

2PM – Karaoke with Kim! **GA**
6:30pm Euchre **DR**

10:00am TV Church Service **SL** 1
6:30pm UNO **DR**
7PM- Hymn Sing with Jubilee Church **SL**



8:45 am-Coffee Hour- **Bistro** 12
10:15am-Mid-level Fitness **GA**
1 PM-Hand Waxing- **ML**
1:30 -Strength Fitness **GA**
3 PM Crokinole **RR**
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

8:45 am-Coffee Hour-**Bistro** 13
10AM – 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- **GA**
1:30 pm Scabble- **DR**
1:30 Balance Class- **GA**
2:00 – Kountry Korner **SL**
3 PM Social Hour **AR**

8:45 am-Coffee Hour-**Bistro** 14
10AM- Credit Union **QR**
10:15am-Mid-Level Fitness **GA**
1 PM- Hand Waxing- **ML**
1:30 – *NEW* Men's Strength **AR**
2PM – Dublin Travelogue with Anthony Bordain **GA**
6:30pm Euchre- **DR**

8:45 am-Coffee Hour- **Bistro** 15
10:00am- Bible Study **AR**
10AM – 11AM: 50/50 tickets **ML**
10:15 am- Strength Fitness **GA**
11:30pm – Fish and Chips Lunch (Sign-up) **GA**
12:30pm Irish Pub and Music with Michael Kelly! **GA**
1:30pm- Balance Fitness Class **AR**
7 PM Bingo **DR** **Wear GREEN!**

8:45 am-Coffee Hour- **Bistro** 16
10:30am-Stay Fit **GA**
10:00am Tai Chi **SL Alcove**
11:00 Bell Choir Performance **SL**
2PM – Never Say Never: Justin Bieber Movie **GA**
2:30 Hamlet Tea **RT**
3 PM Social Hour **AR**

3PM – Green Beer and Pretzels **SL** 17
6:30pm Euchre **DR**



10:00am TV Church Service **SL** 18
6:30pm UNO **DR**
7PM- Hymn Sing with The Stewarts **SL**



8:45 am-Coffee Hour- **Bistro** 19
10:15am-Mid-level Fitness **GA**
1 PM-Hand Waxing- **ML**
1:30 -Strength Fitness **AR**
2PM – Sun. Monday Conn Smythe **SL**
3 PM Crokinole **RR**
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

8:45 am-Coffee Hour-**Bistro** 20
10AM – 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- **GA**
1:30 pm Scabble- **DR**
1:30 Balance Class- **GA**
2PM – Happy Songs with Emma and Sunny Social Time **DR**
1st Day of SPRING! <3
Wear **YELLOW** day!

8:45 am-Coffee Hour-**Bistro** 21
Mini Market **9am-12:30pm** in the **WT lobby**
10:15am-Mid-Level Fitness **GA**
1:15 – Scotia Bank **QR**
1:30 – *NEW* Men's Strength **AR**
2PM – Birthday Party with The Nic Scott Band **GA**
6:30pm Euchre- **DR**

8:45 am-Coffee Hour- **Bistro** 22
10:00am- Bible Study **AR**
10AM – 11AM: 50/50 tickets **ML**
10:15 am- Strength Fitness **GA**
1:30pm- Balance Fitness Class **GA**
2 PM Cards & Games **RT**
2PM – Girl Talk with Katie: **NAILS EDITION AR**
7 PM Bingo **DR**
Kim Off

8:45 am-Breakfast Café **DR** 23
10:30am-Stay Fit **GA**
10:00am Tai Chi **SL Alcove**
11:00am – Army and Navy Lunch Outing **ML**
3 PM Social Hour **AR**

2PM - Open Mic – Community Gathering. All welcome! *Feel free to bring a song, story, joke or special item to share ©****DR**
6:30pm Euchre **DR**



10:00am TV Church Service **SL** 25
6:30pm UNO **DR**
7PM- Hymn Sing with Carla Pol **SL**



8:45 am-Coffee Hour- **Bistro** 26
10:15am-Mid-level Fitness **GA**
1 PM-Hand Waxing- **ML**
1:30 -Strength Fitness **AR**
2PM – Woodland Towers General Residents Meeting **GA**
3 PM Crokinole **RR**
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

8:45 am-Coffee Hour-**Bistro** 27
10AM – 11AM: 50/50 tickets **ML**
10:30am-Stay Fit- **GA**
1:30 pm Scabble- **DR**
1:30 Balance Class-**GA**
3 PM Social Hour **AR**

8:45 am-Coffee Hour-**Bistro** 28
10AM- Credit Union **QR**
10:15am-Mid-Level Fitness **GA**
1 PM- Hand Waxing- **ML**
1:30 – *NEW* Men's Strength **GA**
2PM – Woodland Towers and Spruce Lodge Memorial Service **SL**
6:30pm Euchre- **DR**

8:45 am-Coffee Hour- **Bistro** 29
10:00am- Bible Study **AR**
10AM – 11AM: 50/50 tickets **ML**
10:15 am- Strength Fitness **GA**
1:30pm- Balance Fitness Class **GA**
1:40pm – Outing to the Justin Bieber exhibit at the Stratford Perth Museum **ML**
4:30PM Hot Dog BBQ **DR**
7 PM Bingo **DR**
7PM Just For Fun Band **SL**

Good Friday 30



First Day of Passover Good Friday

6:30pm Euchre **DR** 31



Spruce Lodge Entertainment Spruce Lodge Living Room

Tuesday, 6th = Violas Tribute Band 7pm

Friday, 9th = *The Nic Scott Band* 2PM

Thursday, 15th = *St. Patty's Party with Mike Kelly* 2PM

Friday, 16th = Bell Choir Performance 11am

Monday, 19th = *Sun. Mon. Birthday w. Conn Smythe* 2PM

Thursday, 29th = The Just for Fun Band 7pm

Store Hours:

Mondays

9:30am-11am

Fridays

9:30am -11am

Credit Union-QR

Wednesday, March
14th and 28th at 10 am
in QR

Scotia Bank-QR

Wednesday, March
7th and 21st in the QR
from 1:15pm to
2:15pm

Blood Pressure Clinic

Wed, March 7th at 11AM
in Janine's Office

Program Area Codes:

AR - Activity Room

SL - Spruce Lodge

GA - Griffith Auditorium

RT - Rotunda –Hamlet

Estates

DR - Dining Room

FL - Front Lobby

RR - Rose Room

QR – Quilting Room

ML – Main Lobby

Mini Market/ Bake Sale

Wednesday, March 21st from
9am – 12:30pm in the ML

**The March Birthday Party is on Wednesday,
March 21st at 2pm in the Griffith Auditorium.
Come and join us for cake and ice cream, coffee
and tea, and Special Music from The Nic Scott
Band!**

**Please remember to check your Program Calendars
regularly, as locations of Activity Programs and
Exercise Classes may change ****

****See Program Area Codes Legend posted above****

50/50

Regularly, 50/50 Tickets are on Sale for \$1 apiece in the Corner Store, at Happy Hour, and at Bingo. We are now offering 50/50 ticket sales in **the Main Lobby** on **Tuesdays** and **Thursdays** from **10am to 11am**. Come on out and see Kim Tew in the **Main lobby** to purchase your tickets, or get your tickets at the above programs.

The 50/50 is usually drawn on the last day of the month. The more ticket sales – the better the winnings!

Paper Shredding!

Emily's Paper Shredding Service will be here on **Wednesday Nights** in **the Main Lobby** of Woodland Towers from 6pm to 7pm regularly. Bring down any papers that you would like to be shredded, and Emily will shred them for you. You can choose to bring a bag to dispose of the shredded paper yourself, or Emily will safely dispose of it for you.

Karaoke with Kim

Come have some fun with Kim in the **Griffith Auditorium**, on **Saturday, March 3rd at 2pm**. Snacks and a cold drink will be served! You can sing a song solo, in a group, or with everyone – your choice! **Sign your name and song(s) choice on the activity board in the Main Lobby, so that Kim can get the song(s) ready on YouTube! I hope you can make it! It will be so much fun 😊**

Girl Talk with Katie: Make-up and Nails!

Our Co-op Student, Katie, will be offering her Girl Talk Program at the 3 dates listed on your calendar. Come on down and learn about hair, nails, and special beauty tips! Katie will leave you feeling like a new woman!

Check out the following link, or pass it along to your family and friends, to view Activity Calendars, Information about our home, important announcements and More!:

<https://sprucelodge.on.ca/>



Travelogue: Dublin Ireland with Anthony Bourdaine

Tour with Anthony Bourdain through Dublin, Ireland, as he shows you the most popular stops to visit, food to try and experiences to have. If you've been to Ireland, this will be a wonderful walk down memory lane!
**2pm in the Griffith Auditorium, on
Wednesday, March 14th.**

Fish n' Chips Sign- Up Dinner

We will be ordering in a Fish n' Chips dinner from Joe's Diner. The cost of the meal is **\$12**, and it includes beverage and dessert. Sign-up on the main board, if you would like to attend our St. Patrick's Fish n' Chips lunch on **Wednesday, March 15th**, at **11:30pm** in the **Griffith Auditorium**.
Wear Green!

Irish Pub and Music with Michael Kelly

Michael Kelly will be performing for us directly following the Fish N' Chips dinner in the Griffith Auditorium. Join us for a fun pub party with snacks and green beer of course! Sing your favourite Irish Tunes with a true Irish Man – Michael Kelly!
Thursday, March 15th at 12:30pm in the **Griffith Auditorium!**

Never Say Never

Come see the Justin Bieber Story on the Big Screen. **Friday, March 16th at 2pm** in the **Griffith Auditorium**. A backstage and on-stage look at Justin Bieber during his rise to super stardom. Concession available