

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

Woodland Towers and Hamlet Estates

Super Bowl Sunday!!! 4



10:00am TV Church Service **SL**
6:30pm UNO **DR**
7PM- Hymn Sing with Bethel Church **SL**

8:45 am-Coffee Hour- Bistro 5
10:15am-Mid-level Fitness **GA**
1 PM-Hand Waxing- **ML**
1:30 -Strength Fitness Circuit **GA**
1:30 Woodland Towers Singers **AR**
3 PM Crokinole **RR**
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

8:45 am-Coffee Hour-Bistro 6
10:30am-Stay Fit- **AR**
1:30 pm Scabble- **DR**
1:30 Balance Class- **AR**
3 PM Social Hour **AR**
7PM Violas Tribute Band**SL**

8:45 am-Coffee Hour-Bistro 7
10AM- Credit Union **QR**
10:15am-Mid-Level Fitness **GA**
Janine Away
1 PM- Hand Waxing- **ML**
6:30pm Euchre- **DR**


8:45 am-Coffee Hour-Bistro 8
10:00am- Bible Study **AR**
10:15 am- Strength Fitness Circuit **GA**
11:00am Communion Service/Presbyterian **C**
1:30pm- Balance Fitness Class **GA**
2 PM Cards & Games **RT**
7 PM Bingo **DR**

8:45 am-Coffee Hour-Bistro 9
10:30am-Stay Fit **GA**
10:00am Tai Chi **SL Alcove**
2:00 pm Skin care presentation with Joan Jones **GA**
3 PM Social Hour **AR**

2PM – Coffee House and Open Mic – Community Gathering. All welcome! *Feel free to bring a song, story, joke or special item to share ☺DR**

6:30pm Euchre **DR**

11



10:00am TV Church Service **SL**
6:30pm UNO **DR**
7PM- Hymn Sing with Jubilee Church **SL**

8:45 am-Coffee Hour-Bistro 12
10:15am-Mid-level Fitness **GA**
I I am – 2:30pm SA Modern Jewellery SALE in Main Lobby
1 PM-Hand Waxing- **ML**
1:30 -Strength Fitness Circuit **GA**
1:30 Woodland Towers Singers **AR**
2:00 pm Sun. Mon. Birthday Party with the Half Tones **SL**
3 PM Crokinole **RR**
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

8:45 am-Coffee Hour-Bistro 13
10:30am-Stay Fit –**GA**
1:30 pm Scrabble- **DR**
1:30 Balance Class- **GA**
2PM – Learn about the Guitar with Emma AR
3 PM Social Hour **AR**

Red, White & Pink Day! 14
8:45 am-Coffee Hour-Bistro
10:15am-Mid-Level Fitness **GA**
11am – BP Clinic Janine's Office
1:15pm- Scotia Bank **QR**
2PM Travelogue **GA**
2PM Valentines Dance with the Millbank 5! GA
6:30pm Euchre- **DR**
Happy Valentine's Day

8:45 am-Coffee Hour-Bistro 15
10:00am- Bible Study **AR**
10:15 am- Strength Fitness Circuit **GA**
11:00am Service/Anglican **C**
2PM Girl Talk: Nails AR
1:30pm- Balance Fitness Class **GA**
2 PM Cards & Games **RT**
7 PM Bingo **DR**

8:45 am-Coffee Hour-Bistro 16
10:30am-Stay Fit **GA**
10:00am Tai Chi **SL Alcove**
2PM-Labyrinth Walk **GA**
2:30 Hamlet Tea **RT**
3 PM Social Hour **AR**

Chinese New Year



6:30pm Euchre **DR**

18



10:00am TV Church Service **SL**
6:30pm UNO **DR**
7PM- Hymn Sing with The Stewarts **SL**

19

Happy Family Day!




8:45 am-Coffee Hour-Bistro 20
10:30am-Stay Fit –**GA**
1:30 pm Scrabble- **DR**
1:30 Balance Class- Conf Rm 1
2PM Movie Matinee: NEW Beauty and The Beast GA

8:45 am-Coffee Hour-Bistro 21
Mini Market **9am-12:30pm in the WT lobby**
10AM- Credit Union **QR**
10:15am-Mid-Level Fitness **GA**
1 PM- Hand Waxing- **ML**
2PM- New Resident Welcome Social AR
6:30pm Euchre- **DR**

8:45 am-Coffee Hour-Bistro 22
10:00am- Bible Study **AR**
10:15 am- Strength Fitness Circuit **GA**
11:00am Service/United **C**
1:30pm- Balance Fitness Class **AR**
2PM – Paint Class with Vanessa GA (sign-up)
2 PM Cards & Games **RT**
7 PM Bingo **DR**


8:45 am Breakfast Café DR 23
10:30am-Stay Fit **AR**
10:00am Tai Chi **SL Alcove**
3 PM Social Hour **AR**

24



6:30pm Euchre **DR**

25



10:00am TV Church Service **SL**
6:30pm UNO **DR**
7PM- Hymn Sing with Carla Pol **SL**

8:45 am-Coffee Hour-Bistro 26
10:15am-Mid-level Fitness **GA**
1 PM-Hand Waxing- **ML**
1:30 -Strength Fitness Circuit **GA**
1:30 Woodland Towers Singers **AR**
2 PM Music with Tom & Caroline (**SL**)
3 PM Crokinole **RR**
5PM – Chinese NY Supper GA
6:30 pm Cribbage **DR**
7 PM Bridge **DR**

8:45 am-Coffee Hour-Bistro 27
10:30am-Stay Fit –**GA**
1:30 pm Scrabble- **DR**
1:30 Balance Class- **GA**
3 PM Social Hour **AR**

8:45 am-Coffee Hour-Bistro 28
10:15am-Mid-Level Fitness **GA**
1:15pm- Scotia Bank **QR**
2PM – February Birthday Party with Peter Bauman (accordion) GA
2:00 Hymn Sing /Gladys **SL**
6:30pm Euchre- **DR**

Program Area Codes:
AR - Activity Room SL- Spruce Lodge
GA - Griffith Auditorium
RT -Rotunda –Hamlet Estates DR - Dining Room FL - Front Lobby RR-Rose Room QR – Quilting Room
ML – Main Lobby

Spruce Lodge Entertainment Spruce Lodge Living Room

Tuesday, 6th = Violas Tribute Band 7pm

Monday, 12th = Sun. Mon. Birthday Party
with the Half Tones at 2pm

Wednesday, 14th = Valentine's Day Party
with Daisy & Anna 2 pm

Thursday, 15th = Music with Stephanie at 2:30 pm

Wednesday, 21st = Music with Karen B&C 6:30 pm

Thursday, 22nd Just for Fun Band 7:00 pm

Monday, 26th = Music with Tom & Caroline 2:00pm

Store Hours:

Mondays

9:30am-11am

Fridays

9:30am -11am

Credit Union-QR

Wednesday, February
7th, 21st at 10 am in
QR

Scotia Bank-QR

Wednesday,
February, 14th and
28th in the QR
from 1:15pm to
2:15pm

The February Birthday Party is on Wednesday, February 28th at 2pm in the Griffith Auditorium. Come and join us for cake and ice cream, coffee and tea, and Special Music from Peter Bauman on the Accordion!

Please remember to check your Program Calendars regularly, as locations of Activity Programs and Exercise Classes may change **

****See Program Area Codes Legend posted above****

Blood Pressure Clinic

Wed, February 14th at
11AM in Janine's Office

Program Area Codes:

AR - Activity Room

SL - Spruce Lodge

GA - Griffith Auditorium

RT - Rotunda -Hamlet
Estates

DR - Dining Room

FL - Front Lobby

RR - Rose Room

QR - Quilting Room

ML - Main Lobby

Mini Market/ Bake Sale

Wednesday, February 21st from
9am - 12:30pm in the ML

Golden Oldies

The Stratford Men's Choir, "The Golden Oldies" will be joining us for some special music, on **Friday, February 2nd**, at **2pm in the Griffith Auditorium**. Come and enjoy all of your favourite Old Time Songs, along with jokes and commentary. What a wonderful afternoon it will be!

Valentine's Day Photo Booth

Back by popular demand, Katie will be offering another one of her fabulously fun photo booth's in the main lobby of Woodland Towers! Come on out for some Valentine's Fun on **Thursday, February 8th from 2pm - 4pm!** All poses are **FREE**. 3 poses per group/ person. Each printed copy is \$1. Please pay on the day of this activity. All orders must be in by Thursday, February 15th at the latest☺ .

Skin Care Presentation

Come and listen to Joan Jones discuss the importance of skin care, and how to successfully care for your skin during the winter. This presentation will be held in the Griffith Auditorium on **Friday, February 9th at 2pm**. This information session will be targeted towards seniors specifically, We hope to see you there!

Coffee House

Again, we will be joining in fellowship at **2pm** in **the Dining Room**, on **Saturday, February 10th**, for our weekend Coffee House and Open Mic program. We hope that you can join us for this fun program! Please feel free to bring a joke, story, a show and tell item, or a song to share. There will be treats, and coffee/ tea as well

Stars of SA Modern Jewellery Sale

Silvia and her husband will be back to sell their beautiful handcrafted jewellery, on Monday, **February 12th from 11am - 2:30pm**. Come on out and browse all of the options! There is SO much to choose from!

Check out the following link, or pass it along to your family and friends, to view Activity Calendars, Information about our home, important announcements and More!:

<https://sprucelodge.on.ca/>



Learn About the Guitar w. Emma

Emma welcomes you back out to her "Learn about the Guitar" program! Listen to Emma play some of her beautiful original pieces, and take part in a learning session where she will teach you interesting facts about different styles of guitars. All the fun will be taking place on **Tuesday, February 13th at 2PM in the Activity Room!**

Valentine's Day Dance

Don't miss out on our annual Valentine's Dance! There will be music by the Millbank 5, Cheese and Crackers, wine and Kim's famous punch! **Only \$5!** Please purchase your tickets in advance. You can get them in the **Main Lobby from 10am to 11:30am from Monday, February 5th to Friday, February 9th**. Gift Basket Raffle Tickets are 1 ticket for \$2 or 3 tickets for \$5. **Carnations are also available for \$2 each.**

Thank-you everyone for your kind cards, messages, and well wishes during my absence. I am on the mend, and I truly admire your compassion. Your support was very thoughtful and so much appreciated! Please follow the dates/ times/ and locations of programs that have been rescheduled from last month to this month. Thank-you for your understanding!
- Love, Kim

