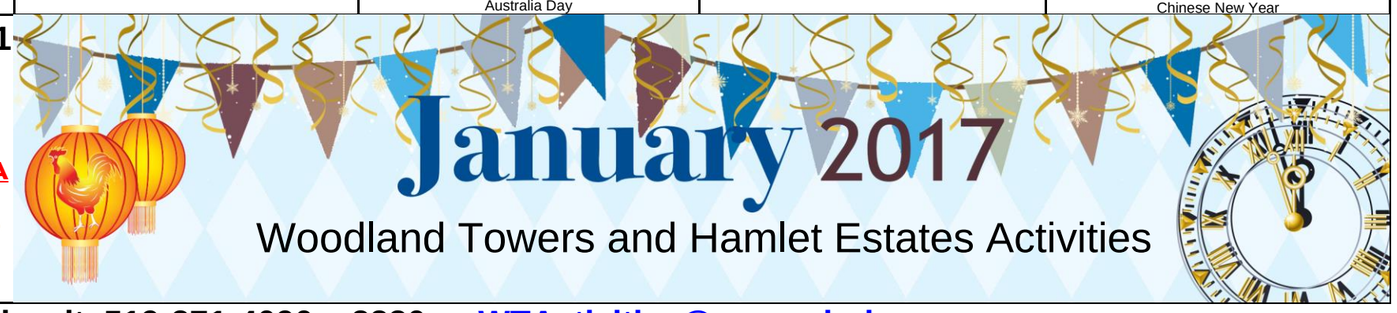
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2 ** No Coffee Hour!** 6:30 Cribbage DR 7pm Bridge DR Kim away	3 8:45 am-Coffee Hour-DR 10:30am Stay Fit- AR 1:30pm Scrabble -DR 3 pm Happy Hour AR 6:30 Solo Cards-DR *Un-Decking The Halls Week!!* 7:00pm Viola's Tribute SL	4 8:45 am Coffee Hour-DR 10am– Credit Union-QR 11am – Blood Pressure Clinic AR 1 PM--Hand Waxing-ML 2PM – Adult Colouring Book Club AR	5 **No Coffee Hour** 10:00 Bible Study AR 1:30pm-Carpet Bowling-GA 2:pm Cards & Games RT 7pm Bingo DR *Kim Away*	6 8:45am – Coffee Hour DR 10:30am-Stay Fit AR 2PM – Nic Scott Band SL 3pm Happy Hour AR	7 2PM – Karen Matheson`s Trip to China! (Travelogue) GA
8 6:30 Uno DR	9 8:45 am- Coffee Hour-DR 1 PM--Hand Waxing-ML 2PM – Elvis Presley Impersonator!! SL 6:30 Cribbage DR 7pm Bridge DR	10 8:45 am-Coffee Hour-DR 10:30am Stay Fit- AR 2PM – Kim's Line Dancing Group Demonstration! GA 3 pm Happy Hour AR 6:30 Solo Cards-DR	11 8:45am – Coffee Hour DR 10am– Credit Union-QR 1 PM--Hand Waxing-ML 1:15pm- Scotia Bank-QR 5PM – Doors on Your Floors Winners Pizza Supper GA	12 8:45am – Coffee Hour DR 10:00 Bible Study AR 1:30pm-Carpet Bowling-GA 2:pm Cards & Games RT 7pm Bingo DR	13 8:45am – Coffee Hour DR 10:30am-Stay Fit AR 3pm Happy Hour AR 5:30pm Hamlet Estates New Year's Dinner DR	14
15 6:30 Uno DR	16 8:45 am- Coffee Hour-DR 1 PM--Hand Waxing-ML 2PM – General Residents Meeting GA 6:30 Cribbage DR 7pm Bridge DR Martin Luther King Day	17 8:45 am-Coffee Hour-DR 10:30am Stay Fit- AR 1:30pm Scrabble –DR 2PM – Sing Along with Karen GA 3 pm Happy Hour AR 6:30 Solo Cards-DR	18 8:45 am Coffee Hour-DR 10am– Credit Union-QR 2PM – Adult Colouring Book Club AR *Kim and Janine unavailable this afternoon*	19 8:45am – Coffee Hour DR 10:00 Bible Study AR 1:30pm-Carpet Bowling-GA 2:pm Cards & Games RT 7pm Bingo DR	20 8:45am – Coffee Hour DR 10:30am-Stay Fit AR 11:20am – Lunch at the Army and Navy ML 3pm Happy Hour AR	21
22 6:30 Uno DR	23 8:45 am- Coffee Hour-DR 2PM Woodland Towers Birthday Party in DR 2PM – Sundae Monday with Randy Grey SL 6:30 Cribbage DR 7pm Bridge DR *Janine off in PM*	24 8:45 am-Shayla`s Farewell Coffee Hour-DR 10:30am Stay Fit- AR 1:30pm Scrabble -DR 3 pm Happy Hour AR 6:30 Solo Cards-DR *\*\*Shayla`s last day of placement!***	25 **No Coffee Hour** 10am– Credit Union-QR 1:15pm- Scotia Bank-QR 2PM Hamlet Birthday Party DR	26 **No Coffee Hour** 10:00 Bible Study AR 1:30pm-Carpet Bowling-GA 2:pm Cards & Games RT 5pm Chinese food Supper GA 7pm Bingo DR Australia Day	27 **No Coffee Hour** 10:30am-Stay Fit AR 3pm Happy Hour AR *Kim Away*	28 2PM – Movie Matinee GA Chinese New Year
29 6:30 Uno DR	30 8:45 am- Coffee Hour-DR 1 PM--Hand Waxing-ML 6:30 Cribbage DR 7pm Bridge DR	31 8:45 am-Coffee Hour-DR 10:30am Stay Fit- AR 1:30pm Scrabble -DR 2PM – Pub Party with Sam and Ron Entertainment! GA 6:30 Solo Cards-DR 				



Your Activity Coordinator is Kim Luckhardt. 519-271-4090 x 2230 or WTActivities@sprucelodge.on.ca.

Spruce Lodge Entertainment
Spruce Lodge Auditorium

Tuesday, 3rd = Viola`s Tribute Band 7pm
Friday, 6th = Nic Scott Band 2pm
Monday, 9th = Elvis Presley Impersonator! 2PM
Monday, 23rd = Sun. Monday with Randy Grey 2PM

Store Hours:
Mondays
9:30am-11am
Wednesdays
1:30- 3pm

Credit Union-QR
Every Wed.10am in QR

Scotia Bank-QR
Wed. January 11th and 25th in the Quilting Room from 1:15 pm – 2:15pm

Blood Pressure Clinic
Wed, January 4th at 11AM in Janine`s Office

Program Area Codes:
AR - Activity Room
SL- Spruce Lodge
GA - Griffith Auditorium
RT - Rotunda – Hamlet Estates
DR - Dining Room
FL - Front Lobby
RR-Rose Room
QR – Quilting Room

Birthday Parties

Woodland Towers = Monday, January 23rd at 2pm in the DR

Hamlet Estates = Wednesday, January 25th at 2pm in the DR

Karen Matheson's Trip to China (Travelogue!)
On ***Saturday, January 7th***, join us in the Griffith Auditorium, at ***2PM*** to hear all about Karen Matheson's (our Housekeeper) vacation to China!

Kim's Line Dancing Group Demonstration
On Tuesday, January 10th, ***at 2PM***, join Kim and her friends, as they display some of their dances that they have learned at their Tuesday Night Line Dancing Lessons! All Welcome to watch and participate ☺

Sing Along with Karen
Karen Goforth will be leading us in an old-time sing along on ***Tuesday, January 17th at 2PM*** in the Griffith Auditorium! Come and listen/sing all of your favourite old time songs. Karen is fun and engaging! You will be sure to enjoy the afternoon. Feel free to join us for Happy Hour in the Activity Room afterwards!

Lunch out to the Army and Navy
Sign up on the activity board in the main lobby of Tower 1, if you would like to join us for an outing to ***the Army and Navy*** for lunch ***on Friday, January 20th at 11:20am***. The ***cost will be $13.50*** ($5.50 for the bus, and $8 for your meal)

Chinese Food Supper
Again this year, we will be having Chinese Food Supper from Lai King in Stratford. The Supper will be held on ***Thursday, January 26th at 5pm***. Please sign up on the main activity board in Tower 1 Lobby if you wish to join us. The Menu will consist of an egg roll, Fried Rice, Chicken Chow Mein, Diced Beef with Vegetables and Almonds, Sweet and Sour Chicken Balls, and Honey Garlic Wings ***for $12 a person.*** Please bring your own beverage, or purchase one from our drink cart. ***Last day to sign up is Monday, January 16th before 2PM!***

Pub Party with Sam and Ron!
On Tuesday, January 31st, at 2pm in the Griffith Auditorium, we will be having a Pub Party with entertainment from Sam and Ron! This will be in place of Happy Hour, and we welcome everyone to attend for some beverages, snacks and an overall good time! Admission is FREE!
Cash bar available - $1 Pop, $2 Liquor, and $3 Beer!

Spruce Lodge Chapel Services

Wednesdays at 10:30am
Roman Catholic Services

Sunday's at 7PM
Hymn Sing

Thursday, January 5th
11am Communion Service, Zion Lutheran

Wednesday, January 11th
10:30am Roman Catholic Mass
11:15am Communion Service – Sebringville Lutheran

Thursday, January 12th
11AM Avonton Presbyterian Service

Thursday, January 19th
11am Communion Service – St. Stephen's Anglican

Thursday, January 26th
11AM Communion Service – Parkview United