

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <h1>April 2017</h1> <h2>Woodland Towers and Hamlet Estates Activities and Exercise Classes</h2> </div>						<div> <p>2PM – <u>Strawberry Daiquiri's</u> DR 6:30 PM – Euchre DR All Fools' Day</p> </div>
<div> <p>6:30 Uno DR</p> </div>	<div> <p>2 8:45 am- Coffee Hour-DR 10:15am- Mid-Level Fitness GA 1 PM--Hand Waxing-ML 1:30PM – Strength Fitness Class GA 3PM Crokinole RR 6:30 Cribbage DR 7pm Bridge DR</p> </div>	<div> <p>3 8:45 am-Coffee Hour-DR 10:30am Stay Fit- AR 1:30pm Scrabble –DR 1:30pm – Balance Fitness Class - AR 3PM – Happy Hour AR 6:30pm Solo Cards DR 7PM Violas Tribute Band SL</p> </div>	<div> <p>4 8:45 am-Coffee Hour-DR 10am– Credit Union-QR 10:15am – Mid-Level Fitness GA 1 PM--Hand Waxing-ML 2PM – Krafty Korners AR 6:30pm Euchre-DR</p> </div>	<div> <p>5 8:45 am-Coffee Hour-DR 10:00 Bible Study AR 10:15am – Strength Fitness Class GA 11am – Shopping and Lunch ML 1:30pm – Carpet Bowling – GA 1:30pm – Balance Fitness Class - GA 2:pm Cards & Games RT 2pm – Knitting/ Crafting RR 7pm Bingo DR</p> </div>	<div> <p>6 8:45 am-Coffee Hour-DR 10:30am-Stay Fit AR 10:00am Tai Chi SL Alcove 2PM – The Nic Scott Band SL 2:30pm – Hamlet Tea RT 3pm Happy Hour AR</p> </div>	<div> <p>7 6:30 PM – Euchre DR</p> </div>
<div> <p>6:30 Uno DR Palm Sunday</p> </div>	<div> <p>9 8:45 am- Coffee Hour-DR 10:15am – Mid Level Fitness GA 1 PM--Hand Waxing-ML 1:30PM – Strength Fitness Class AR 2PM – Easter with the Four Steps Gospel Quartet GA 3PM Crokinole RR 6:30 Cribbage DR 7pm Bridge DR First Day of Passover</p> </div>	<div> <p>10 8:45 am-Coffee Hour-DR 10:30am Stay Fit- GA 1:30pm Scrabble –DR 1:30pm – Balance Fitness Class AR 2PM – Scam Seminar with Constable Stewart GA 2PM Kountry Korners SL Wear your baseball Jersey! 3PM – Happy Hour AR 6:30pm Solo Cards DR</p> </div>	<div> <p>11 8:45 am-Coffee Hour-DR 10am– Credit Union-QR 10:15am – Mid Level Fitness GA 11am- BP Clinic Janine's Office Mini Market 9am-12:30 PM in ML 1 PM--Hand Waxing-ML 1:15pm- Scotia Bank-QR 2PM Travelogue: Toronto GA 6:30pm Euchre-DR</p> </div>	<div> <p>12 8:45 am-Coffee Hour-DR 10:00 Bible Study AR 10:15am – Strength Fitness Class GA 1:30pm – Carpet Bowling – GA 1:30pm – Balance Fitness Class GA 2:pm Cards & Games RT 2pm – Knitting/ Crafting RR 5pm – KFC Sign-up Supper GA 7pm Bingo DR Janine Away today</p> </div>	<div> <p>13 Good Friday 6:30 PM – Euchre DR</p> </div>	<div> <p>14 6:30 PM – Euchre DR</p> </div>
<div> <p>6:30 Uno DR Easter Sunday</p> </div>	<div> <p>16 8:45 am- Coffee Hour-DR 10:15am – Mid level Fitness GA 1 PM--Hand Waxing-ML 1:30pm – Strength Fitness Class AR 2PM – General Residents Meeting GA 2PM – The Millbank 5 SL 3PM Crokinole RR 6:30 Cribbage DR 7pm Bridge DR</p> </div>	<div> <p>17 **No Coffee Hour** 10:30am Stay Fit- GA 1:30pm Scrabble –DR 1:30pm – Balance Fitness Class GA 3PM – Happy Hour AR 6:30pm Solo Cards DR Kim away</p> </div>	<div> <p>18 8:45 am-Coffee Hour-DR 10am– Credit Union-QR 10:15am – Mid Level Fitness AR 12PM – Hamlet Spring Lunch GA 6:30pm Euchre-DR</p> </div>	<div> <p>19 **No Coffee Hour** 10:00 Bible Study AR 10:15am – Strength Fitness Class GA 1:30pm – Carpet Bowling – GA 1:30pm – Balance Fitness Class GA 2:pm Cards & Games RT 2pm – Knitting/ Crafting RR 7pm Bingo DR 7pm Joel Horvath SL</p> </div>	<div> <p>20 8:45 am-Coffee Hour-DR 10:00am Tai Chi SL Alcove 10:30am-Stay Fit GA 2:30pm – Hamlet Tea RT 3pm Happy Hour AR</p> </div>	<div> <p>21 2PM – Fun with Kim DR (Jokes, Sing Along and More!) 6:30 PM – Euchre DR Earth Day</p> </div>
<div> <p>6:30 Uno DR</p> </div>	<div> <p>23 8:45 am- Coffee Hour-DR 10:15am – Mid level Fitness GA 1:30PM – Strength Fitness Class GA 2PM Woodland Towers Birthday Party in DR 3PM Crokinole RR 6:30 Cribbage DR 7pm Bridge DR</p> </div>	<div> <p>24 8:45 am-Coffee Hour-DR 10:00am Karen Rempel Music SL 10:30am Stay Fit- AR 1:30pm Scrabble –DR 1:30pm – Balance Fitness Class - AR 1:30pm –Spring Fling with Wyatt Ladd GA 3PM – Happy Hour AR 6:30pm Solo Cards DR</p> </div>	<div> <p>25 **No Coffee Hour** 10am– Credit Union-QR 10am-2pm Stars of SA Modern Jewelry ML 10:15am – Mid Level Fitness GA 1:15pm- Scotia Bank-QR 2PM Hamlet Birthday Party DR 6:30pm Euchre-DR</p> </div>	<div> <p>26 **No Coffee Hour** 10:00 Bible Study AR 10:15am – Strength Fitness Class GA 1:30pm – Carpet Bowling – GA 1:30pm – Balance Fitness Class GA 2:pm Cards & Games RT 2pm – Knitting/ Crafting RR 7pm Bingo DR</p> </div>	<div> <p>27 8:45 am-Breakfast Cafe-DR 10:00am Tai Chi SL Alcove 10:30am-Stay Fit GA 2PM – Shakey and Jamie Entertainment SL 2PM – Labyrinth Information Session + Walk GA 3pm Happy Hour AR Arbor Day</p> </div>	<div> <p>28 6:30 PM – Euchre DR</p> </div>
<div> <p>6:30 Uno DR</p> </div>	<div> <p>30 Save the dates in May 2017:</p> <p><u>Spring Market and Gift Show - Saturday, May 13th – 9am to 2pm Spruce Lodge Auditorium and Griffith Auditorium</u></p> <p><u>Mother's Day Special! Classic Country Legends Tribute Show – Thursday, May 18th - 2pm-4pm Griffith Auditorium</u></p> <p><u>Northern Reflections Fashion Show and Sale – Wednesday, May 24th – 2PM</u></p> </div>					

Your Activity Coordinator is Kim Luckhardt. 519-271-4090 x 2230 or WTActivities@sprucelodge.on.ca.

Spruce Lodge Entertainment Spruce Lodge Living Room

Tuesday, 4th = Violas Tribute Band 7PM
Friday, 7th = The Nic Scott Band 2PM
Monday, 10th = Sundae Monday with Randy Grey 2PM
Tuesday, 11th = Kountry Korner's 2PM
Thursday, 13th = Music with Steph 2:30pm
Monday, 17th = Easter Party with Millbank 5 2PM
Thursday, 20th = Joel Horvath 7pm
Tuesday, 25th = Karen Rempel 10am
Friday, 28th = Shakey and Jamie 2PM

Store Hours:

Mondays
 9:30am-11am
Wednesdays
 1:30- 3pm

Credit Union-QR

Every Wed.10am in QR

Scotia Bank-QR

Wed. April 12th and 26th, in
 the Quilting Room from
 1:15pm to 2:15pm

Blood Pressure Clinic

Wed, April 12th at 11AM in
 Janine's Office

Program Area Codes:

AR - Activity Room
SL - Spruce Lodge
GA - Griffith Auditorium
RT - Rotunda –Hamlet
 Estates
DR - Dining Room
FL - Front Lobby
RR - Rose Room
QR – Quilting Room
ML – Main Lobby

Mini Market/ Bake Sale

Wednesday, April 12th from
 9am – 12:30pm in the ML

Birthday Parties

Woodland Towers

Monday, April 24th at 2pm in the DR

Hamlet Estates

Wednesday, April 26th at 2pm in the DR

****Please note that Exercise Classes will be posted on
 your Activity Calendars from here on in. Please
 remember to check your Program Calendars regularly,
 as locations of classes may change ****

AR = Activity Room and GA = Griffith Auditorium



Strawberry Daiquiri's

Join us for a Strawberry Daiquiri on **Saturday, April 1st at 2pm** in the Woodland Towers Dining Room. Only \$2 for a virgin daiquiri (without alcohol), and \$3 with alcohol (vodka or rum)

Shopping and Lunch at the Stratford Mall

Sign up on the activity board in the lobby of Woodland Towers, for Shopping and lunch at the Stratford Mall on **Thursday, April 6th**. The bus will pick us up at the front of Woodland Towers at 11am. Cost is \$5.50 for the bus.

The Four Steps Gospel Quartet Easter Performance

The Four Steps, with our very own Murray Walker, will be performing for us on **Monday, April 10th at 2pm** in the Griffith Auditorium.

This will be their Easter performance. All welcome.

Wear Your Favourite Baseball Jersey Day!

On Tuesday, April 11th, wear your favourite baseball jersey to celebrate the beginning of baseball season! Join us for a hot dog at happy hour at 3pm in the Activity Room to celebrate!

Scam Seminar with Constable Stewart

For your safety, and the safety of others, we will be meeting with Constable Stewart to learn more about current scams and frauds on **Tuesday, April 11th at 2pm** in the Griffith Auditorium. Bring your questions for this interactive seminar.

History of Toronto Travelogue

This month, as the Blue Jays begin their Baseball Season, we will be taking a tour through the history of Toronto, Ontario. Join us as we learn more about "York" and hear the story of how Toronto became great!

Wednesday, April 12th at 2pm in the Griffith Auditorium.

Kentucky Fried Chicken Sign-Up and Poster

You want it – you got it! Sign up on the Activity Board in the main lobby for our KFC special: 2 pieces of KFC classic fried chicken, French fries, and assorted salads for \$8. Bring your own beverage, or purchase one from our bar cart: pop \$1, Liquor \$2 or beer \$3.

The Date is **Thursday, April 13th at 5pm** in the Griffith Auditorium

Spring Fling Dance with Wyatt Ladd

As the weather is finally warming up (or atleast we hope!) let's get together and celebrate the season of "no more snowsuits!" Come on out for a colourful Spring

Fling Dance with Wyatt Ladd! **Tuesday, April 25th at 1:30pm** in the Griffith Auditorium. No tickets or admission fee. Munchies available, and bar cart too!

Stars of SA Modern Jewelry Sale

We welcome Silvia back for a jewelry sale before Mother's Day. Silvia will be here in the WT Lobby on Wednesday, April 26th from 10am to 2pm!

Breakfast Café

On **Friday, April 28th**, at **8:45am** in the Dining Room, join us for a delicious breakfast of omlette's, toast, and bacon, for only \$5. Please sign up on the main board if you wish to join!

Labyrinth Walk

On Friday, April 28th at 2pm in the Griffith Auditorium, join Leslie Wright as she shares her passion for labyrinth walks with us. Labyrinths are walking paths that simulate a spiritual journey, giving us an opportunity for calming the mind and soul, for meditation/prayer/insight, to relieve stress for spiritual peace and so much more. Come out and learn more about this emotionally and spiritually beneficial practice.

Chapel Services



Thursday, April 6th

11:00 Communion Service with
 Zion Lutheran

Wednesday, April 12th

10:30am RC Communion
11:15am LCC Communion
2PM Hymn Sing with Gladys

Thursday, April 13th

11:00 Presbyterian Communion Service

Wednesday, April 19th

2:00pm Readings and Prayers with
 Lorraine Brooks

Thursday, April 20th

11:00 Anglican Communion Service

Thursday, April 27th

11:00 United Communion Service

Hymn Sing

Sunday 2nd Bethel Church
 Sunday 9th Jubilee Church
 Sunday 16th The Stewart Family
 Sunday 23rd Carla Pol
 Sunday 30th Annetta Munro

