

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2017 Spruce Lodge



			<p>10:30 1 Sing along with Karen 2:00 Gardening 2:30 One to One 3:00 Resident Council and Food Committee</p>	<p>10:30 Word Games 2 11:00 Communion Service/ Zion Lutheran 1:30 Art Class 2:00 Adv. Exercise Class 3:00 Café</p>	<p>10:00 Tai Chi/ Alcove 3 10:20-12:00 Stratford Garden Show 10:00 Tone Chime group 11:30 Men's Music 2:00 The Nic Scott Band 3:00 Café</p>	<p>4 10:00 Reading Circle 2:00 Bingo 3:00 Café</p>
<p>10:00 T.V. Church 5 10:00 Musicians and their Music 2:00 Friendly Visits 7:00 Hymn Sing with Bethel Church</p>	<p>10:00 6 Christian School Kids 11:30 Lady's Music Therapy Group 2:00 Gardening</p>	<p>10:30 7 Scrapbooking 11:30 Men's Jam Session 2:00 Chair Yoga 2:30 Bingo 3:00 Café` 7:00 Viola's Tribute Band</p>	<p>10:30 Fun & Fitness 8 10:30 RC Communion 11:15 LCC Communion 2:00 Travelogue-Eastern Provinces 2:00 Hymn Sing /Gladys 3:00 Café</p>	<p>10:00 9 Baking Fun 11:00 Communion Service/ Presbyterian 1:30 Art Class 2:00 Adv. Exercise Class 3:00 Café</p>	<p>10:00 Tai Chi/ Alcove 10 10:00 Tone Chime group 11:30 Men's Music 2:00 Trivia Quest 3:00 Café</p>	<p>11 10:00 Manicures 2:00 Bingo 3:00 Café</p>
<p>**Clocks Go ahead 1 Hour** 10:00 T.V. Church 10:00 Montessori 2:00 Board/Card Games 7:00 Hymn Sing with Jubilee Church <small>Daylight Saving Time Begins</small></p>	<p>10:30 13 Word Games 11:30 Lady's Music Therapy Group 2:00 Sun. Mon. Birthday Party with Randy Gray</p>	<p>10:30 14 Fun & Fitness 11:30 Men's Jam Session 2:00 Kountry Korner's 3:00 Café</p>	<p>10:30 Gardening 15 2:00 YMCA Kids Visit 2:00 Readings & Prayers With Lorraine Brooks 3:00 Café</p>	<p>10:00 16 Penny Auction 11:00 Communion Service/ Anglican 2:00 YMCA Kids Visit 3:00 Café`</p>	<p>10:00 Tai Chi/ Alcove 17 10:30 Tone Chime Group Performance 2:00 St. Patrick's Day Party with Mike Kelly Griffith Auditorium  <small>St. Patrick's Day</small></p>	<p>18 10:00 Tea & Trivia 2:00 Bingo 3:00 Café</p>
<p>10:00 T.V. Church 19 10:00 Gardening 2:00 Creative Colouring B&C 7:00 Hymn Sing with the Stewarts</p>	<p>10:00 Christian school 20 11:30 Lady's Music Therapy Group 2:00 Happy Spring Party with the The Four Step Quartet </p>	<p>10:20 21 Shopping Trip Outing 10:30 Fun & Fitness 11:30 Men's Jam Session 2:00 Word Games 3:00 Café`</p>	<p>10:20 Word Game 22 10:40 Tour & Anna Mae's Lunch 2:00 Friendly Visits 3:00 Café</p>	<p>10:30 Reminiscing Car 23 11:00 Communion Service 1:30 Art Class 2:00 Adv. Exercise Class 2:30 Music with Steph 3:00 Café 7:00 The Campbell Band</p>	<p>10:00 Tai Chi/ Alcove 24 10:30 Outdoor Strolls 10:00 Tone Chime group 11:30 Men's Music 2:00 Music Time Entertainment 3:00 Café</p>	<p>25 10:00 Reading Circle 2:00 Bingo 3:00 Café </p>
<p>10:00 T.V. Church 26 10:00 Friendly Strolls 2:00 One to One No Hymn Sing Tonight</p>	<p>10:30 27 Drum Circle 11:30 Lady's Music Therapy Group 2:00 Bingo 6:30 Sing-a-long/Karen B&C</p>	<p>10:45 28 Avon School Kids Visit 11:30 Men's Jam Session 1:30 Glamor Photos 2:00 Card Games 3:00 Café</p>	<p>10:30 29 Nature Talk 2:00 Spa Time 2:30 Montessori 3:00 Café</p>	<p>10:30 30 Friendly Visits 11:00 Communion Service/ Zion Lutheran 1:30 Art Class 2:00 Adv. Exercise Class 3:00 Resident Council Meeting</p>	<p>10:00 Tai Chi/ Alcove 31 10:30 Outdoor Strolls 10:00 Tone Chime group 11:30 Men's Music 2:00 Carla Pol & Friends 3:00 Café</p>	