
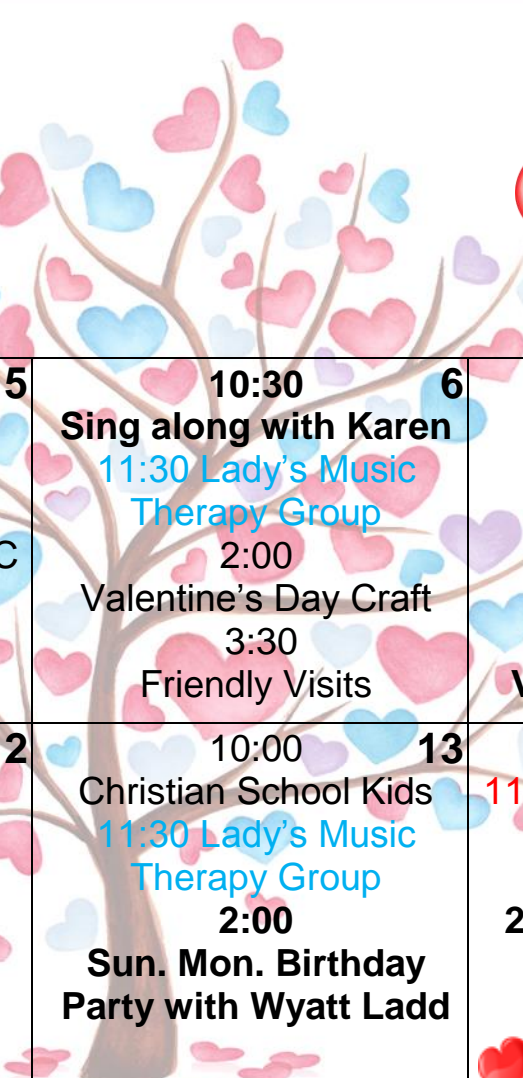

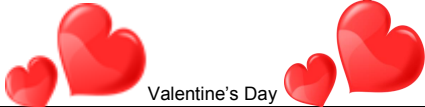







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:00 T.V. Church 5 10:00 Montessori 2:00 Creative Colouring B&C 7:00 Hymn Sing with Bethel Church	 10:30 Sing along with Karen 6 11:30 Lady's Music Therapy Group 2:00 Valentine's Day Craft 3:30 Friendly Visits	 10:00 Chair Yoga 7 11:30 Men's Jam Session 2:00 Gardening 3:00 Café 7:00 Viola's Tribute Band	10:30 1 Fun & Fitness 1:30 Reminiscing Cart 2:00 Gardening 3:00 Café 3:30 Jim's Reading	10:30 2 Groundhog Day Trivia 11:00 Communion Service/ Zion Lutheran 1:30 Art Class 2:00 Adv. Exercise Class 3:00 Café 3:00 Groundhog Movie <small>Groundhog Day</small>	10:00 3 Tai Chi/ Alcove 10:00 Tone Chime Group 11:30 Men's Music 2:00 Music with Sam & Ron 3:00 Jamaican Patty Café	10:00 4 Tea & Trivia 2:00 Bingo 2:30 One to One 3:00 Café
10:00 T.V. Church 12 10:00 Musicians and their Music 2:00 Friendly Strolls 7:00 Hymn Sing with Jubilee Church	10:00 13 Christian School Kids 11:30 Lady's Music Therapy Group 2:00 Sun. Mon. Birthday Party with Wyatt Ladd	10:30 Love Poems 14 11:30 Men's Jam Session 12:00 Sign Up KFC Lunch 2:00 Valentines Party with Anna & Daisy  <small>Valentine's Day</small>	10:00 Baking Cherry Bars 15 10:30 RC Communion 11:15 LCC Communion 2:00 Gardening 2:00 Readings & Prayers With Lorraine Brooks 3:30 Jim's Reading	10:30 Fun & Fitness 16 11:00 Communion Service/ St Pauls Anglican 1:30 Art Class 2:00 Adv. Exercise Class 2:30 Music with Steph 5:00 Sweetheart Dinner	10:00 17 Tai Chi/ Alcove 10:00 Bell Choir Performance 2:00 Carla Pol & Friends 3:00 Café	<small>Tu B'Shevat</small> 10:00 18 Manicures 2:00 Bingo 3:00 Café
 7:00 Hymn Sing with the Stewarts 19	Family Day Stat 20  <small>Presidents' Day (US)</small>	10:40 21 Castle Kilbride in Baden sign up outing 10:00 Friendly Visits 11:30 Men's Jam Session 2:00 Word Games 3:00 Café	10:30 22 Nature Talk 2:00 Penny Auction 3:00 Café 3:30 Jim's Reading	10:30 23 Reminiscing Cart 11:00 Communion Service/ Avondale United 1:30 Art Class 2:00 Adv. Exercise Class 3:00 Residents Council	10-3 Geri Fashions 24 10:00 Tai Chi/ Alcove 10:00 Tone Chime Group 11:30 Men's Music  2:00 Spelling Bee 3:00 Café	10:00 25 Reminiscing Cart 12:30 Alcove Lunch B&C 2:00 Bingo 3:00 Birthday Cake Café For Agnes Robinson's 102 nd Birthday!
10:00 T.V. Church 26 10:00 Creative Colouring B&C 2:00 Zion Church Choir S.L. Aud. 7:00 Hymn Sing with Carla Pol	10:00 27 Christian School Kids 11:30 Lady's Music Therapy Group 2:00 Music with Conn Sythe 6:30 Karen/Piano Cott. B&C	10:20 Shopping Trip 28 10:00 Music with Karen R 11:30 Men's Jam Session  2:00 Mardi Gras Trivia 3:00 Mardi Gras Café <small>Mardi Gras</small>	 <h1>February 2017</h1> <h2>Spruce Lodge</h2>			