



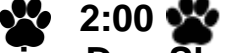











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>August 2017</h1> <h2>Spruce Lodge</h2>		10:30 <b>1</b> Fun & Fitness (ALC) 11:30 <b>Men's Jam Session</b> 2:00 Bingo (LR) 2:00 Outdoor strolls 3:00 Café	10:00 <b>2</b> Gardening 10:30 Labyrinth Walks <b>10:20 Upper Queen's/Pizza Picnic</b> 2:00 Word Games 3:00 Popsicle Café	10:30 Courtyard Social <b>3</b> <b>11:00 Labyrinth Walks</b> 1:30 Art Class(Alc) 2:00 Adv. Exercise Class 3:00 Café <b>3:30 Lady Music Club</b>	9:15 Baking Chocolate <b>4</b> Chip cooks 11:00 Tai Chi/ Alc <b>10:00 Tone Chime group</b> <b>11:30 Men's Music</b> 2:00 Outdoor Games 3:00 Café	10:00 <b>5</b> American Bandstand 60th Anniversary (LR) 2:00 Bingo(LR) 3:00 Watermelon Café 
 <b>6</b>	<b>7</b> <b>Civic Stat Holiday</b> 	10:00 <b>8</b> Corn Husking LR <b>2:00 Kountry Korner (LR)</b> 3:00 Café <b>6:30 Music with Karen Cottage B &amp; C</b>	<b>10:30 RC Mass</b> <b>9</b>  <b>2:00 Flying Dog Show</b>  3:00 Café <b>6:45 Police Pipe Band</b>	9:15 Baking Pineapple <b>10</b> Upside down cake <b>11:00 Anglican Comm.</b> 1:30 Art Class(Alc) 2:00 Adv. Exercise Class <b>3:00 Hawaiian Courtyard Party</b> 	11:00 Tai Chi/ Alc <b>11</b> <b>10:00 Tone Chime group</b> <b>11:30 Men's Music</b> <b>2:00 Beach Ball Game</b> <b>3:00 Mango Milkshake Café</b> 	10:00 <b>12</b> Tea & Trivia 2:00 Bingo(LR) 3:00 Café
10:00 T.V. Church <b>13</b> 10:00 Gardening 12:00 Alcove Lunch B&C 2:00 Crafts 3:00 Café	<b>10:30 14</b> <b>Sing a Long with Karen (LR)</b> <b>11:30 Lady's Music Group</b> 2:00 Remembering Elvis  Presley <i>Elvis Presley</i> 3:00 Peanut butter and Banana sandwiches	10:30 <b>15</b> Scrapbooking <b>12:30 Hamburger BBQ</b> 2:00 Bingo (LR) 2:00 Outdoor strolls 3:00 Café	10:30 Fun & Fitness <b>16</b> <b>2:00 Elvis Presley Concert - Griffith</b>  <b>5:00-8:00 Concert/Supper in The Park</b>	10:30 Summer Craft <b>17</b> <b>11:00 Labyrinth Walks</b> 1:30 Art Class(Alc) 2:00 Adv. Exercise Class <b>2:30 Music with Stephanie (LR)</b> 3:00 Café 7:00 Campbell Band	<b>11:40-2:30 18</b>  <b>Barge Music/ Picnic Outing</b> 11:00 Tai Chi/ Alc <b>10:00 Tone Chime group</b> <b>11:30 Men's Music</b> 3:00 Café	10:00 <b>19</b> Reading Circle 2:00 Bingo(LR) 3:00 Café
10:00 T.V. Church <b>20</b> 10:30 Musicians and Their Music 2:00 Outdoor Strolls 3:00 Café	10:30 Fun & Fitness <b>21</b> <b>11:30 Lady's Music Group</b> 2:00 Banana Split Cart  3:00 Classical Music with Udo Miller (LR)	10:30 Reminiscing Cart <b>22</b> <b>2:00 Tony Nother \ Accordion Music</b>  3:00 Café <b>6:30 SL Camp Fire</b>	9:15 Outdoor strolls <b>23</b> 10:30 Nature Talk (ALC) 2:00 Bingo (LR) 3:00 Café	10:30 <b>24</b> Word Games <b>11:00 Labyrinth Walks</b> 1:30 Art Class(Alc) 2:00 Adv. Exercise Class <b>3:00 Residents Council</b> 3:00 Café	10:00 Friendly Visit <b>25</b> 11:00 Tai Chi/ Alc <b>10:00 Tone Chime group</b> <b>11:30 Men's Music</b> <b>2:00 Bell Choir Performance (LR)</b> 3:00 Café	10:00 <b>26</b> Outdoor Strolls 2:00 Bingo(LR) 3:00 Café
 <b>27</b>	10:30 <b>28</b> Gardening <b>11:30 Lady's Music Therapy Group</b> <b>2:00 Sun. Mon. Birthday Party with Randy Gray</b>	10:30 <b>29</b> Fun & Fitness (ALC) 2:00 Spa Afternoon 3:00 Café <b>5:30 BLT Sign-up Supper</b> 7:00 Labyrinth Walks	<b>10:20-2:30 Shopping 30</b> <b>Trip Outing</b> 10:00 Karen Rempel/Piano(LR) 2:00 Bingo (LR) 3:00 Café	10:30 <b>31</b> Outdoor Strolls <b>11:00 Labyrinth Walks</b> 1:30 Art Class(Alc) 2:00 Adv. Exercise Class 3:00 Café <b>7:00 Music with Joel H</b>	<b>Program Location Guide:</b> <b>Spruce Lodge Living Room-LR</b> <b>Spruce Lodge Alcove-Alc</b> <b>Griffith Auditorium-GA</b> <b><u>Sign Up sheets for all the outings are now on a board beside the Activity Office. Please come and sign up for any outing you are interested in Thank you.</u></b>	